EUROPEAN CURRICULUM VITAE FORMAT

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PERSONAL INFORMATION

Name	CRISTIANO CRESCENTINI
	ASSOCIATE PROFESSOR IN CLINICAL PSYCHOLOGY, PHD IN NEUROSCIENCE, PSYCHOLOGIST ENROLLED IN THE REGISTER OF PSYCHOLOGISTS OF FRIULI VENEZIA GIULIA, PSYCHOTHERAPIST (SYSTEMIC, FAMILY AND RELATIONAL PSYCHOTHERAPY), INSTRUCTOR OF MINDFULNESS-BASED INTERVENTIONS.
Address	Department of Languages and Literatures, Communication, Education and Society, University of Udine, Via Margreth 3, 33100 UDINE
E-mail	cristiano.crescentini@uniud.it – cristianocresce@hotmail.com CF: CRSCST79H23B509Y
Nationality	Italian
Date and Place of Birth	Campiglia Marittima (LI), 23/06/1979
Marital Status	Married
Research Interests	Clinical and Cognitive Psychology and Neuropsychology; Mindfulness Meditation; Personality; Consciousness and non-ordinary states of consciousness; Neural and psychological basis of spiritual and religious experiences; Neural and psychological mechanisms of cognitive control; Language Production; Episodic memory; Problem solving; Psychophysiology; fMRI; TMS; Artificial intelligence.
WORK EXPERIENCE	
• Dates (from - to)	1 October 2022 - present
Name of the employer	University of Udine, Department of Languages and Literatures, Communication, Education and Society
Occupation or position held	Associate Professor in Clinical Psychology, 11/E4 (SSD: MPSI/08)
Dates (from - to)	4 December 2021 – 30 September 2022
Name of the employer	University of Udine, Department of Languages and Literatures, Communication, Education and Society
Occupation or position held	Associate Professor in Psychobiology and Physiological Psychology, 11/E1 (SSD: MPSI/02)
 Dates (from - to) 	20 October 2021 – 19 October 2024
 Name of the employer 	Institute of Mechanical Intelligence, Scuola Superiore Sant'Anna, Pisa, Italy
Occupation or position held	Affiliate Professor
• Dates (from - to)	4 December 2018 -3 December 2021
Name of the employer	University of Udine, Department of Languages and Literatures, Communication, Education and Society
Occupation or position held	Fixed-term researcher (RTD-B) in Psychobiology and Physiological Psychology, 11/E1 (SSD: MPSI/02)
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Dates (from - to)	January 2020- present
Name of the employer	NAVEN, Institute of Specialization in Family and Relational Systemic Psychotherapy, Udine
 Occupation or position held 	External didactic collaborator
• Dates (from - to)	4 July 2016 – 3 December 2018
Name of the employer	University of Udine, Department of Languages and Literatures, Communication, Education and Society
Occupation or position held	Fixed-term researcher (RTD-A) in Psychobiology and Physiological Psychology, 11/E1 (SSD: MPSI/02)
• Dates (from - to)	1 March 2014 – 29 February 2016
 Name of the employer 	University of Udine
 Occupation or position held 	Post-doc Research Fellow at the Department of Human Sciences
• Dates (from - to)	1 January 2012 – 31 December 2013
 Name of the employer 	"La Sapienza" University of Rome and University of Udine
 Occupation or position held 	Post-doc Research Fellow at the Department of Psychology (Rome) and the Department of Human Sciences (Udine)
• Dates (from - to)	1 January 2012 – 31 December 2013
 Name of the employer 	Association "La Nostra Famiglia", IRCCS E. Medea - Udine
 Occupation or position held 	Scientific collaborator
• Dates (from - to)	1 March 2010 – 31 December 2011
Name of the employer	SISSA – International School of Advanced Studies - Trieste and Santa Maria della Misericordia University Hospital of Udine
Occupation or position held	Post-doc Scholarship at the Cognitive Neuroscience Sector (SISSA, Trieste) and the Magnetic Resonance Unit (Udine Hospital)
• Dates (from - to)	4 November 2008 – 28 February 2010
 Name of the employer 	SISSA – International School of Advanced Studies - Trieste
Occupation or position held	Post-doc Research Fellow at the Cognitive Neuroscience Sector
EDUCATION AND TRAINING	
Dates (from - to)	January 2015 – December 2018
Principal subjects/occupational skills covered	Four-year specialization training in Psychotherapy (Psychotherapist title awarded on 11/01/2019 with 100/100 cum laude marks).
 Name and type of organisation providing education and training 	NAVEN, Institute of Specialization in Family and Relational Systemic Psychotherapy, Udine
Dates (from - to)	April 2016 – November 2016
Principal subjects/occupational skills covered	Course / Master of Mindfulness-based Interventions to become an Instructor of <i>Mindfulness</i> based Stress Reduction e Mindfulness based Cognitive Therapy
Name and type of organisation providing education and training	School of Cognitive Psychotherapy S.r.I., SPC, and Cognitive Psychology Association, APC of Rome; location of the course: Eremo of Montegiove, Fano.
• Dates (from - to)	November 2004 – October 2008
Principal subjects/occupational skills covered	Research Doctorate (Phd obtained on 14/05/2009) in Neuroscience - supervisor: Prof. Tim Shallice with a thesis entitled: Frontostriatal circuits and selection of task-relevant information.
Name and type of organisation providing education and training	SISSA – International School of Advanced Studies - Trieste

• Dates (from - to) • Principal subjects/occupational skills covered

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15 September 2004 – 15 September 2005 Post Graduate Training Internship

 Name and type of organisation providing education and training 	University of Trieste: supervisors Prof. Danilo Fum (1° sem) and dott. Alessia Granà (2° sem)
• Dates (from - to) • Principal subjects/occupational skills covered	October 1998 – July 2004 Degree in Experimental Psychology (5 years, Vecchio Ordinamento). 110 cum laude with a thesis written in English entitled "Syntactic Comprehension in Agrammatism: an Architecture of Cognition approach." Supervisor: Dott.sa Rosa Pia Lauro-Grotto
 Name and type of organisation providing education and training 	University of Florence
Dates (from - to)	1° December 2002 – 1° May 2003
 Principal subjects/occupational skills covered 	Erasmus project. Given Exams; "Crosslinguistic aspects of aphasia"; Arts Faculty, Prof. R. Bastiaanse "Architecture for Intelligence"; Artificial Intelligence Faculty, Prof. N. Taatgen
Name and type of organisation providing education and training	University of Groningen (The Netherlands)
• Dates (from - to)	July 1998
Principal subjects/occupational skills covered	High school diploma in Electronics and Telecommunications
Name and type of organisation providing education and training	Industrial Technical Institute G. Galilei, Livorno (LI), Italy
OTHER SPECIALIZATIONS AND WORK EXPERIENCES	
• Dates (from - to)	18 July-23 September 2024
Principal subjects/occupational skills covered	Online ECM course (50 ECM): Counseling Techniques and Skills: The Interview in the Helping Relationship. Edizioni Centro Studi Erickson. Erickson, Trento.
• Dates (from - to)	10-11 March 2023
 Principal subjects/occupational skills covered 	Online ECM course (24 ECM): ACT for adolescents. Teacher Dr. Emanuele Rossi. Institute "Association of Cognitive Psychology" and institute "Association of School of Cognitive Psychotherapy", Rome.
Dates (from - to)	19-21 January 2018
 Principal subjects/occupational skills covered 	EMDR Level II workshop with authorization for its application in clinical practice and research, Udine, Italy
Dates (from - to)	15-17 September 2017
 Principal subjects/occupational skills covered 	EMDR Level I workshop with authorization for its application in clinical practice and research, Udine, Italy
Dates (from - to)	10-14 June 2017
 Principal subjects/occupational skills covered 	Scientific training course (Summer School) "Empathy and Compassion: From Contemplative Traditions to Neuroscience", Gerace (RC), Italy, organized by the University of Rome "La Sapienza".
• Dates (from - to)	20 May 2016
 Principal subjects/occupational skills covered 	Training course on "The neuropsychological assessment of basic and higher cognitive functions. The clinical use of three specific tools for neurocognitive assessment: WAIS-IV, R-BANS, RBMT-3 ", Associazione Psicoattività; Former Military Hospital, Trieste.
Dates (from - to)	07-09 April 2016
 Principal subjects/occupational skills covered 	Training course on "Dialectical Behavioral Therapy (DBT), Main intervention strategies and techniques", School of Cognitive Psychotherapy S.r.I., SPC, and Cognitive Psychology Association, APC of Rome; location of the course: Hotel Cristallo, Udine.
Dates (from - to)	2012 - present
Principal subjects/occupational	- Supervisor / Co-supervisor of degree theses of> 40 undergraduates (to date), Degree courses in Primary Education Sciences, Professional Educator and Exercise and Sport Sciences.

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skills covered	 University of Udine. Supervisor of the student Viviana Capurso in the doctorate "Cognitive, Social and Affective Neuroscience (CoSAN)" XXIX cycle, at the University of Rome "La Sapienza" in collaboration with the University of Udine. (Phd awarded: 02/2017). Head of 3 post-doc research fellows at the University of Udine (Marco D'Agostini, october 2019- october 2021; Alessio Matiz and Francesca Scafuto, may 2023-present) e two research fellows (Sara Sorella, september 2023-present; Matteo Cimenti, october 2023-present) at the University of Udine. Co-responsible for 2 research fellows at the University of Udine: Alessio Matiz and Andrea Paschetto (february 2020-april 2023). Co-responsible for 3 PhD students (aggregated at the University of Udine and doctoral students at the University of Rome "La Sapienza"): Fabio D'Antoni (from november 2018 to october 2021), Susanna Feruglio (from november 2019-october 2022), Stefania Pascut (from november 2023), and e Alessio Matiz (from november 2021-october 2024).
• Dates (from - to) • Principal subjects/occupational skills covered	15-21 June 2013 Scientific training course (Summer Research Institute) "Mapping the Mind", Mind & Life Institute, Garrison, New York, USA
 Dates (from - to) Principal subjects/occupational skills covered 	16-18 February 2011 Statistical Parametric Mapping (SPM) training course, University of Zurich, Switzerland
 Dates (from - to) Principal subjects/occupational skills covered 	26-31 March 2008 Marie Curie School –"Large-Scale Interactions in Brain Networks and their Breakdown in Brain Diseases", Santo Stefano di Sessanio (AQ), Italy
 Dates (from - to) Principal subjects/occupational skills covered 	May 2007 – October 2008 Visiting student at the Laboratory of Neuroimaging – Supervisor: dott. Emiliano Macaluso, IRCCS Fondazione Santa Lucia, Rome, Italy
 Dates (from - to) Principal subjects/occupational skills covered 	April – June 2005 Visiting student – Supervisor: Prof. Richard Cooper, Birkbeck College, University of London, UK
INSTITUTIONAL APPOINTMENTS AND ORGANIZATIONAL COMMITMENTS	
Dates (from - to)	Academic Year (AY) 2017-2018, 2018-2019, 2019-2020, 2020-2021, 2021-2022, 2022-2023, 2023-2024
 Name and address of the employer Type of occupation or position held 	University of Udine, Medical Pole and Humanistic Pole. Board Member and Director (since March 1 st 2022) of the 1st level University Master in "Meditation and Neuroscience" (AY 2017-2018, 32 students, AY 2019-2020, 50 students, AY 2020-2021, 37 students, AY 2021-2022, 54 students, AY 2022-2023, 52 students, AY 2023- 2024, 48 students, AY 2024-2025, 50 students) and "Meditation and Cognitive Neuroscience" (AY 2018-2019; 40 students) organized at the University of Udine (former Director: prof. Franco Fabbro).
 Dates (from - to) Name and address of the employer Type of occupation or position held 	From 2016 - present University of Udine, Humanistic Pole, Degree Course in Primary Education Sciences Member of the Internship Technical Commission
 Dates (from - to) Name and address of the employer Type of occupation or position held 	From 2016 - present University of Udine, Humanistic Pole, Department of Languages and Literatures, Communication, Education and Society Member of the Guarantee Commission for compliance with ethical principles in research on human beings at the University of Udine (DILL)

 Dates (from - to) Name and address of the employer Type of occupation or position held 	From 2021 - present University of Udine, Medical Pole, Degree Course in Professional Education Member of the Didactic Commission
• Dates (from - to) • Name and address of the employer	From 2022 - present University of Udine, Humanistic Pole, Department of Languages and Literatures, Communication, Education and Society
 Type of occupation or position held 	Member of the Conduction Group of the Specialization Course for Support Teachers
• Dates (from - to)	From May 2, 2022 - present
Name and address of the employer	University of Udine, Humanistic Pole, Department of Languages and Literatures, Communication, Education and Society
 Type of occupation or position held 	Member of the psychological counselling service for students of the University of Udine and scientific referent for the same service for the a.y. 2023/2024 and a.y. 2024/2025
Dates (from - to)	From October 1, 2023 - present
Name and address of the employer	University of Udine, Humanistic Pole, Department of Languages and Literatures, Communication, Education and Society
 Type of occupation or position held 	President of the Quality Assurance Commission of research and of the third mission
Dates (from - to)	From October 1, 2022 – present
Name and address of the employer	University of Udine, Humanistic Pole, Department of Languages and Literatures, Communication, Education and Society
 Type of occupation or position held 	Delegate for Orientation and Tutoring for the degree course in Primary Education Science
Dates (from - to)	From October 1, 2023 – present
Name and address of the employer	University of Udine, Humanistic Pole, Department of Languages and Literatures, Communication, Education and Society
 Type of occupation or position held 	Delegate for Orientation and Tutoring for the degree course in Education Science
• Dates (from - to)	From October 1, 2023 – present
Name and address of the employer	University of Udine, Humanistic Pole, Department of Languages and Literatures, Communication, Education and Society
Type of occupation or position held	Member of the Quality Assurance Commission for the degree course in Education Science

TEACHING ACTIVITY

 Dates (from - to) Name and address of the employer Teaching Type of occupation or position held Number of hours 	Academic Year 2021-2022, 2022-2023 (two courses of 23h each), 2023-2024, 2024-2025 University of Udine, Medical Pole, Degree Course in Medicine and Surgery Communication (M-PSI / 08, Clinical Psychology). Associate Professor 23
• Dates (from - to)	Academic Year 2022-2023, 2023-2024, 2024-2025
• Name and address of the employer	University of Udine, Humanistic Pole, Degree Course in Primary Education Sciences
• Teaching	Clinical Psychology.
• Type of occupation or position held	Associate Professor
• Number of hours	56
 Dates (from - to) Name and address of the employer Teaching Type of occupation or position held Number of hours 	Academic Year 2021-2022 University of Udine, Medical Pole, Degree Course in Professional Education Psychology of disability Associate Professor 20
• Dates (from - to)	Academic Year 2021-2022
• Name and address of the employer	University of Udine, Medical Pole, Degree Course in Professional Education

• Teaching • Type of occupation or position held • Number of hours	General Psychology Associate Professor 20
• Dates (from - to)	Academic Year 2020-2021, 2021-2022
Name and address of the employer	University of Udine, Medical Pole, Degree Course in Sports Science
• Teaching	General psychopathology
• Type of occupation or position held	Adjunct / Associate Professor
Number of hours	24
• Dates (from - to)	Academic Year 2020-2021, 2021-2022, 2022-2023, 2023-2024
Name and address of the employer	University of Udine, Medical Pole, Degree Course in Professional Education
• Teaching	Clinical Psychology of the life cycle
Type of occupation or position held	Associate Professor
Number of hours	40 (50 h from 2023-2024)
• Dates (from - to)	Academic Year 2017-2018, 2018-2019, 2019-2020
Name and address of the employer	University of Udine, Humanistic Pole, Degree Course in Primary Education Sciences
• Teaching	Developmental Psychopathology & Developmental Psychopathology Laboratory (course
	borrowed for students of Sports Science and, for the 2018-2019 academic year, for students of Professional Education)
 Type of occupation or position held 	Adjunct Professor
Number of hours	56 + 20
 Dates (from - to) 	Academic Year 2016-2017, 2020-2021, 2021-2022
 Name and address of the employer 	University of Udine, Humanistic Pole, Degree Course in Primary Education Sciences
Teaching	Developmental Psychopathology Laboratory
 Type of occupation or position held 	Adjunct / Associate Professor
Number of hours	20
• Dates (from - to)	Academic Year 2016-2017, 2018-2019, 2019-2020, 2019-2020 (DaD), 2020-2021, 2021-2022 (two courses of 30h each), 2022-2023 (two courses of 30h each), 2023-2024 (two courses of 30h each)
• Dates (from - to) • Name and address of the employer	
• Name and address of the employer • Teaching	 (two courses of 30h each), 2022-2023 (two courses of 30h each), 2023-2024 (two courses of 30h each) University of Udine, Department of Languages and Literatures, Communication, Education and Society. Specialization Course for Support Teachers. Integrated models of psycho-educational intervention for intellectual disability and generalized developmental disorders
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Dates (from - to) Name and address of the employer Teaching	Academic Year 2012-2013, 2013-2014, 2014-2015, 2015-2016, 2016-2017 University of Udine, Medical Pole, Degree Course in Motor Sciences Developmental Psychology applied to Sports Sciences
Type of occupation or position held Number of hours	Adjunct / contract professor 40
Dates (from - to)	Academic Year 2011-2012, 2012-2013, 2013-2014
 Name and address of the employer 	University of Udine, Medical Pole, Degree Course in Sports Science
Teaching	Psychobiology and physiological psychology applied to sport
 Type of occupation or position held 	Contract Professor
Number of hours	24
• Dates (from - to)	Academic Year 2018-2019, 2019-2020, 2020-2021
Name and address of the employer	University of Udine, Department of Languages and Literatures, Communication, Education and Society. Intensive Training Course for the acquisition of the qualification of "Professional Socio-Pedagogical Educator".
• Teaching	Elements of General Psychology
Type of occupation or position held	Adjunct Professor
Number of hours	24
• Dates (from – to)	Academic Year 2024-2025
Name and address of the employer	University of Udine, Department of Languages and Literatures, Communication, Education and Society. Humanistic Pole, Degree Course in Education Science.
Teaching	Clinical Psychology of the life cycle
 Type of occupation or position held 	Associate Professor
Number of hours	40
 Dates (from – to) 	Academic Year 2024-2025
Name and address of the employer	University of Udine, Department of Languages and Literatures, Communication, Education and Society. Humanistic Pole, Degree Course in Education Science.
Teaching	Clinical Psychology and early childhood
Type of occupation or position held	Associate Professor
 Number of hours 	40

TEACHING ACTIVITIES IN MASTERS, PHD PROGRAMS, AND SCHOOLS AND COURSES OF SPECIALIZATION

 Dates (from – to) 	Academic Year 2024-2025
Name and address of the employer	University of Udine, Humanistic Pole, 1st level University Master in "Meditation and Neuroscience".
Teaching	Modules of Neuropsychology (Neuropsychology of Meditation) and Clinical Psychology (Meditation, mindfulness and psychopathology)
Number of hours	43
• Dates (from – to)	Academic Year 2023-2024
Name and address of the employer	University of Udine, Humanistic Pole, 1st level University Master in "Meditation and Neuroscience".
Teaching	Modules of Neuropsychology (Neuropsychology of Meditation) and Clinical Psychology (Meditation, mindfulness and psychopathology)
Number of hours	38
• Dates (from – to)	Academic Year 2023-2024
 Name and address of the employer 	University of Udine, Medical Pole, 2nd level University Master in "Salute e Umanizzazione

• Teaching	nell'Organizzazione e Gestione del Servizio Sanitario Nazionale" Personalized Medicine: the culture of well-being and health promotion – Seminar on Psychological well-being
Number of hours	1 (aprile 5, 2024)
 Dates (from – to) Name and address of the employer 	Academic Year 2023-2024 University of Pisa, University Master in "Neuroscience, mindfulness and contemplative practices".
 Teaching Number of hours 	Functional brain exploration and meditation (1 December 2024) 8
 Dates (from – to) Name and address of the employer 	Academic Year 2022-2023 University of Pisa, University Master in "Neuroscience, mindfulness and contemplative practices".
• Teaching • Number of hours	Functional brain exploration and meditation (8 October 2023) 8
• Dates (from – to)	Academic Year 2022-2023
Name and address of the employer	University of Udine, Polytechnic of Engineering and Architecture, University Master EMBA (Master Director, prof. Marco Sartor).
• Teaching • Number of hours	The practice of mindfulness for preventing and managing work-related stress (28/10/2023) 3
• Dates (from - to)	Academic Year 2022-2023
Name and address of the employer	University of Udine, Humanistic Pole, 1st level University Master in "Meditation and Neuroscience".
Teaching	Modules of Neuropsychology (Neuropsychology of Meditation) and Clinical Psychology (Meditation, mindfulness and psychopathology)
Number of hours	48
• Dates (from - to)	Academic Year 2021-2022
Name and address of the employer	University of Udine, Humanistic Pole, 1st level University Master in "Meditation and Neuroscience".
• Teaching	Modules of Neuropsychology (Neuropsychology of Meditation) and Clinical Psychology (Meditation, mindfulness and psychopathology)
Number of hours	39
• Dates (from - to) • Name and address of the employer	Academic Year 2020-2021 University of Rome "La Sapienza", 2nd level Master in "Learning and cognitive development disorders ".
• Teaching	The stimulation of concentration and the promotion of emotional well-being with mindfulness
Number of hours	4
• Dates (from - to)	Academic Year 2020-2021
Name and address of the employer	University of Udine, Humanistic Pole, 1st level University Master in "Expert in educational planning in schools and services with high socio-cultural complexity".
 Teaching Number of hours 	Clinical Psychology 30
 Dates (from - to) Name and address of the employer 	Academic Year 2020-2021, 2021-2022, 2022-2023 University of Udine, Humanistic Pole, 1st level University Master in "Partnership and
	Shamanism. Literature, psychology and society ".
 Teaching Number of hours 	Neuropsychology
	5, 3, 5
• Dates (from - to)	Academic Year 2020-2021
Name and address of the employer Page 8 - Curriculum vitae	University of Udine, Humanistic Pole, 1st level University Master in "Meditation and
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	Neuroscience".
Teaching	Modules of Neuropsychology (Neuropsychology of Meditation) and Clinical Psychology (Meditation, mindfulness and psychopathology)
Number of hours	42
• Dates (from - to)	Academic Year 2019-2020, 2020-2021
Name and address of the employer	University of Udine, Humanistic Pole, 1st level University Master in " Philosophy of digital".
Teaching	"Neuroscience and digital" module
Number of hours	20 e 8
• Dates (from - to)	Academic Year 2019-2020
Name and address of the employer	University of Udine, Humanistic Pole, 1st level University Master in "Meditation and Neuroscience".
Teaching	Modules of Neuropsychology (Neuropsychology of Meditation) and Clinical Psychology (Meditation, mindfulness and psychopathology)
Number of hours	51
Dates (from - to)	31 May - 01 June 2019
 Name and address of the employer 	9th Specialization Course in Learning Psychopathology. Organized by: Progetto Uomo Foundation, Free University of the Family. Scientific director of the course, prof. Cesare Cornoldi, University of Padua. Course venue: Rimini.
Teaching	Mindfulness in school distress and in the management of emotions
Number of hours	10
Dates (from - to)	25 May 2019 and 9 May 2020
 Name and address of the employer 	Master in "Sedation and Emergency in Dentistry: Human Centered Project (HCP): The holistic treatment of the dental patient". University of Padua (Director of the Master: Dr. Gastone Zanette).
Teaching	Mindfulness
Number of hours	4.5 and 4
• Dates (from - to)	23 February 2019, 15 october 2022, 23 september 2023
Name and address of the employer	Quadrennial Training Institute in Systemic, Family and Relational Psychotherapy, NAVEN, Udine.
Teaching	Anxiety disorders in developmental age: from neuropsychology to treatment (2019); The neuroscience of medical-patient relationship (2022); Positive psychology and psychotherapy (2023)
Number of hours	4, 4, 7
Dates (from - to)	Academic Year 2018-2019
Name and address of the employer	University of Udine, Medical Pole, 1st level University Master in "Meditation and Cognitive Neuroscience".
Teaching	General psychology and clinical psychology module
Number of hours	42
• Dates (from - to)	Academic Year 2017-2018
Name and address of the employer	LUMSA University, Rome, 1st level University Master in "Neuropsychology of the developmental age".
Teaching	Age . Module of Neuropsychology of mindfulness and applications in developmental age
Number of hours	8
	5
 Dates (from - to) 	Academic Year 2017-2018
Name and address of the employer	University of Udine, Medical Pole, 1st level University Master in "Meditation and Neuroscience".
Teaching	Meditation and Neuropsychology module
Number of hours	45
• Dates (from - to)	18-19 May 2018
 Name and address of the employer 	8th Specialization Course in Learning Psychopathology. Organized by: Progetto Uomo
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	Foundation, Free University of the Family; with the sponsorship of the University of Udine. Scientific director of the course, prof. Cesare Cornoldi, University of Padua. Course venue: Udine.
Teaching	Mindfulness in scholastic distress
Number of hours	10
Dates (from - to)	Academic Year 2016-2017
Name and address of the employer	University of Udine, Medical Pole, School of Specialization in Child Neuropsychiatry - University of Verona, Udine branch.
Teaching	Psychology of Personality
Number of hours	3
Dates (from - to)	Academic Year 2015-2016
Name and address of the employer	University of Udine, Medical Pole, II level University Master in "Progressive psycho-nutritional rehabilitation of eating disorders"
• Teaching	Mindfulness
Number of hours	3
Dates (from - to)	23 - 28 February 2011
Name and address of the employer	SISSA - PhD program in Cognitive Neuroscience, International School of Advanced Studies - Trieste
• Teaching	Lessons in English on "Functional Neuroimaging" for the PhD course in Cognitive Neuroscience (Topics: Functional Imaging theory; Experimental Designs; Statistical Parametric Mapping (SPM); The General Linear Model; Taxonomy of fMRI experimental designs; Efficiency and optimization of experimental fMRI designs).
 Number of hours 	10

INVITED TEACHING ACTIVITIES

1. 16 November 2024

Crescentini, C. Mindfulness nella terapia dei disturbi del neurosviluppo. Online conference: "Mindfulness & Meditation Summit" organized by Sperling s.r.l. in collaboration with Federmindfulness.

2. 06 September 2024

Crescentini, C. Mindfulness e benessere: applicazioni in età evolutiva e negli adulti. Summer School: "Salute, società e tecnologie digitali", organized by the Doctorate School in Cognitive Science of the University of Messina.

3. 22 June 2024

Crescentini, C. Psicologia Positiva, Mindfulness e benessere. Conference: La mente svelata. Il ruolo della

meditazione secondo yoga e scienza. Yoga Day Udine 24. 21 June international Yoga Day. (1 h conference). 4. 21 March 2024

Crescentini, C. Neuropsicologia della spiritualità e della meditazione. Online conference: Mindfulness Summit. Il momento presente. Giunti Psicologia. (1.5 h conference).

5. 30 June 2023

Crescentini, C. Fondamenti neuropsicologici dell'autotrascendenza. 1h Talk for the Conference "Neuroscienze e Spiritualità", organized by the University of Milan, Department of Philosophy.

6. 9 June 2023

Crescentini, C. Neuroscienze, Mindfulness, Spiritualità, 1h Talk for the Conference "L'ALTRA FACCIA DELLA LUNA. COSTRUZIONE DI SENSO E SPIRITUALITA' NELLA CURA MULTIDISCIPLINARE DEI DISTURBI

DELL'ALIMENTAZIONE" organized by SISDCA (Italian Society for the study of Eating Disorders) Arcugnano (VI). 7. 2 September 2022

Crescentini, C. Psicologia della Salute e della Sostenibilità. 3h lecture for the Summer School entitled "Progettare e sperimentare nuovi modelli di sviluppo nell'interdipendenza uomo-animale-ambiente. Agroecologia, inclusione sociale, territorio e comunità" a.a. 2021/2022, University of Udine.

8. 28 May 2021

Crescentini, C. Interventi basati sulla Mindfulness nei disturbi del neurosviluppo e nei disturbi neurocognitivi. 6 hours online course organized by Associazione Oasi Maria SS Onlus, Troina (EN).

9. 02-03 October 2020

Crescentini, C. La mindfulness per l'ADHD e i disturbi del neurosviluppo. 14 hour online course organized by Erickson. Trento.

10. 15 November 2019, Rimini, Italy

Crescentini, C. La mindfulness: dalle evidenze scientifiche alle applicazioni nei disturbi del neurosviluppo. 12°Edition, International Conference: The quality of school and social inclusion. Erickson.

11. 10 May 2019, Palermo, Italy

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Crescentini, C. Meditazione Orientata alla Mindfulness (MOM) e ADHD: effetti psicologici e neuropsicologici. XII AIDAI-AIRIPA National Congress "ADHD E MINDFULNESS".

12. 05 April 2019, Padova, Italy

Crescentini, C. Seminar entitled "La Meditazione Orientata alla Mindfulness nella ricerca psicologica e in ambito educativo" as part of the conference "Meditazione: la via privilegiata per l'autoconoscenza". Scientific Director prof. P. Tressoldi, University of Padua, Department of General Psychology.

13. 30 October 2018, Brescia, Italy

Crescentini, C. Neuropsicologia dell'esperienza religiosa e spirituale. Evidenze da studi di stimolazione cerebrale non invasiva. IRCCS "Centro San Giovanni di Dio" Fatebenefratelli. Residential Training Event: Neuroscience, Psychiatry and Spirituality.

14. 11 November 2018, Roncade di Treviso, Italy

Crescentini, C. Mindfulness, neuroscienze e meditazione. Second International Conference of Educational Yoga. 15. 11 June 2018, Roma, Italy

Crescentini, C. La meditazione mindfulness nell'età evolutiva. Faculty of Medicine and Psychology, Master's Degree Course in Psychology of typical and atypical development. University of Rome, "La Sapienza".

16. 17 January 2018, Bressanone, Italy

Crescentini, C. Il training mindfulness: risvolti neuropsicologici e psicopatologici. Giornate di Neuropsicologia dell'età evolutiva XIII edition, Faculty of Education, Free University of Bozen-Bolzano, Bressanone.

17. 21 November 2017, Trieste, Italy

Crescentini C. Psychological and neuropsychological foundations of mindfulness meditation and applications to children. From theory to practice. University of Trieste, Department of Life Sciences.

18. 09 November 2017, Pavia, Italy

Crescentini, C. La ricerca scientifica sugli effetti neuropsicologici della Mindfulness. In: La mindfulness per operatori sanitari. Scientific Director: Dr. Elena Vlacos, IRCCS C. Mondino (Pavia).

19. 07 November 2017, Pisa, Italy

Crescentini, C. Fondamenti neuropsicologici della mindfulness ed effetti sulla personalità e sulle rappresentazioni del sé. In: L'epistemologia degli stati non ordinari di coscienza. University of Pisa, Medical School, Pisa, 07-08 November 2017.

20. 28 September 2017, Conegliano (TV), Italy

Crescentini, C. La meditazione mindfulness: cenni teorici e simulazione pratica di una seduta. XXVI National AIRIPA Congress. Learning disorders.

21. 12 June 2017, Gerace (RC), Italy

Crescentini, C. Neuropsychology of Mindfulness. "Empathy and Compassion: From Contemplative Traditions to Neuroscience" Summer School. University of Rome "La Sapienza".

22. 07 December 2016, Leiden, The Netherlands

Crescentini, C. Neuropsychological foundations of mindfulness meditation and effects on personality and selfrepresentation. Department of Psychology, Cognitive Psychology Unit, Leiden University, The Netherlands. 23. 23 October 2015, Borgo Valsugana (TN), Italy

Crescentini, C. Meditazione mindfulness: fondamenti neuropsicologici, effetti sulla personalità e applicazioni in età evolutiva. Convegno: Mindfulness, Educazione e Cura. Higher Education Institute "A. Degasperi", 22-24 October, Borgo Valsugana (TN).

24. 10 October 2015, Pavia, Italy

Crescentini, C. Neuropsicologia della Mindfulness ed effetti sulla personalità. Workshop: Scienza e Meditazione, Department of Nervous System and Behavioral Sciences, Unit of Medical Statistics and Genomics, University of Pavia, 9-10 October, Pavia.

25. 22 January 2015, Bressanone, Italy

Crescentini, C. Meditazione mindfulness: Fondamenti neuropsicologici ed applicazioni nell'età evolutiva. Giornate di Neuropsicologia dell'età evolutiva X edizione, Faculty of Education, Free University of Bozen-Bolzano, Bressanone. 26. 14 November 2014, Roma, Italy

Crescentini, C. Meditazione mindfulness: Fondamenti neuropsicologici ed effetti sulla personalità e sulle rappresentazioni del sé. International symposium: Identità e senso dell'altro, nell'adulto sano e nel paziente con cerebrolesione acquisita. IRCCS Fondazione Santa Lucia, 14-15 November 2014, Roma.

27. 24 October 2014, Osmannoro, Sesto Fiorentino, Firenze, Italy

Crescentini, C. Mindfulness e Ricerca Clinica. Convegno: Piena consapevolezza (mindfulness) e relazioni di cura. Osmannoro, Sesto Fiorentino (FI), Azienda Sanitaria di Firenze.

28. 3 October 2014, Rome, Italy

Crescentini, C. 1) Fondamenti neuropsicologici della meditazione mindfulness; 2) Meditazione mindfulness, personalità e rappresentazioni del sé. Convegno: Meditazione, spiritualità e benessere. Università Pontificia Salesiana, 3-5 October, 2014, Roma.

29. 16 November 2013, Rome, Italy

Crescentini, C. Neuropsicologia del bilinguismo nei bambini. La Maisonnette e i linguaggi che la abitano. Centro di Formazione Polo Didattico, Piazza Oderico da Pordenone 3, Rome, Italy.

30. 15 November 2013, Pomaia, Pisa, Italy

Crescentini, C. The cognitive and affective neuropsychology of religiousness/spirituality: evidence from transcranial magnetic stimulation and mindfulness-meditation studies. Master WISDOM, Scuola Superiore Sant'Anna and Lama

Page 11 - Curriculum vitae Cristiano Crescentini Tzong Khapa Institute.

31. 5 October 2013, Vittorio Veneto, Treviso, Italy

Crescentini, C. Contributi della Neuropsicologia allo studio dei fenomeni religiosi. Il Tempo e il Sacro. Due giornate di studio, ascolto ed esperienza. Centro Studi Claviere.

32. 16-18 September 2013, Rome, Italy

Crescentini, C. Frontostriatal circuits and selection of task-relevant information. National Meeting of the Italian Association of Psychology (AIP).

33. 23 November 2012, Pomaia, Pisa, Italy

Crescentini, C. The spiritual brain: Magnetic stimulation of fronto-parietal areas alters religious-spiritual selfrepresentations in healthy individuals. Master WISDOM, Scuola Superiore Sant'Anna and Lama Tzong Khapa Institute.

34. 6-7 September 2012, Udine, Italy

Crescentini, C. Neuropsicologia dell'educazione plurilingue. International meeting on plurilinguism organized by the "International centre for plurilinguism" University of Udine.

35. 7-9 September 2011, Basel, Switzerland

Crescentini, C. The effect of observed biological and non biological movements on action imitation: an fMRI study. 3rd Scientific Meeting of the Federation of the European Societies of Neuropsychology.

36. 8-9 October 2010, Padova, Italy

Crescentini, C. Episodic memory in Parkinson's disease. III National Congress G.I.R.N. (Interprofessional Rehabilitation Group in Neuropsychology).

SCIENTIFIC AND PROFESSIONAL QUALIFICATIONS

• Date	14 February 2023
• Name and type of	National Scientific Qualification (ASN) as Full Professor, Dynamic and Clinical Psychology
training/qualification	(11/E4)
• Date	11 January 2019
• Name and type of	Qualification for Psychotherapy (4 years training)
training/qualification	NAVEN, Institute of Specialization in Family and Relational Systemic Psychotherapy, Udine
• Date	27 November 2017
• Name and type of	National Scientific Qualification (ASN) as Associate Professor, General Psychology,
training/qualification	Psychobiology and Psychometry (11 / E1)
• Date	21 November 2016
• Name and type of	Mindfulness-Based Intervention Instructor, School of Cognitive Psychotherapy, SPC, and
training/qualification	Cognitive Psychology Association, APC of Rome.
• Date	February 2014
 Name and type of training/qualification 	National Scientific Qualification (ASN) as Associate Professor, General Psychology, Psychobiology and Psychometry (11 / E1)
Date	November 2006
 Name and type of training/qualification 	State examination for the qualification to the profession of Psychologist, University of Trieste

SCIENTIFIC ACTIVITY PEER-REVIEW SCIENTIFIC PUBLICATIONS

- 1. Galluzzi, S., ... Crescentini, C., The effects of mindfulness-based interventions on physiological markers of stress in older adults: a systematic review and synthesis. (under review).
- 2. Chang, M., Sorella, S., Crescentini, C. Grecucci, A. Joint Gray and White Matter Networks Predict Mindfulness and Mind Wandering Traits: A Data Fusion Machine Learning Approach. (under review).
- Scafuto, F., Crescentini, C., Conversano, C., Matiz, A., De Vincenzo, F., Ghiroldi, S., Montecucco, F.N., Presaghi, F., Quinto, R.M. (under review). Enhancing universal values through mindfulness and psychological well-being: a randomized-controlled trial with adolescents.

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- 4. D'Antoni, F., Matiz, A., Crescentini, C. (under review). The Arousal Modulation Model Questionnaire (AMMQ): Development, validation, and transdiagnostic applications.
- 5. Levantini, V., Matiz, A., Ciacchini, R., Crescentini, C., Orrù, G., Conversano, C., Muratori, P. (under review). Parents' dispositional mindfulness and child behavior: The mediating role of the child dispositional mindfulness.
- 6. D'Antoni, F., Matiz, A., Crescentini, C. (under review). The Mindfulness-Oriented Professional Resilience (MOPR) training to reduce compassion fatigue in healthcare workers: A pilot study.
- 7. Sorella, S., Crescentini, C., Matiz, A., Chang, M., Grecucci., A. (under review). Resting-State BOLD Temporal Variability of the Default Mode Network Predicts Spontaneous Mind Wandering, which is Negatively Associated with Mindfulness Skills.
- 8. Matiz A, Fabbro F, Pascut S, Crescentini C. (under review). Temperament and character moderate the effects of mindfulness training on psychological and professional well-being of school-teachers.
- 9. Chiesa, A., Crescentini, C., D'Antoni, F., Matiz, A. (under review). Mindfulness Teacher Training Enhances Interoceptive Awareness and Reduces Emotional Distress: A Controlled Study.
- 10. Matiz, A., Chiesa, A., D'Antoni, F., Barbieri, R., Crescentini, C. Training for Mindfulness Teachers: Benefits for Mindfulness, Well-being, and Emotion Regulation. (under review).
- 11. D'Antoni, F., Matiz, A., Crescentini, C. (in press). Promuovere la resilienza negli operatori sanitari: il programma Mindfulness Oriented Professional Resilience (MOPR). *Psicologia della Salute*.
- Lazzarelli, A., Scafuto, F., Crescentini, C., Matiz, A., Orrù, G., Ciacchini, R., Alfi, G., Gemignani, A., Conversano, C. (2024). Interoceptive Ability and Emotion Regulation in Mind-Body Interventions: An Integrative Review. *Behavioral Sciences*, 14, 1107.
- Ciacchini, R., Conversano, C., Orrù, G., Scafuto, F., Sabbatini, S., Paroli, M., Miniati, M., Matiz, A., Gemignani, A., Crescentini, C. (2024). About Distress in Chronic Pain Conditions: A Pre–Post Study on the Effectiveness of a Mindfulness-Based Intervention for Fibromyalgia and Low Back Pain Patients. *International Journal of Environmental Research and Public Health*, 21, 1507.
- Matiz, A., D'Antoni, F., Pascut, S., Ciacchini, R., Conversano, C., Gemignani, A., Crescentini, C. (2024). Loneliness and generalized problematic Internet use in adolescents: The mediating role of dissociation. *Children*, 11, 1294.
- Matiz, A., Fabbro, F., Crescentini, C. (2024). Mindfulness through storytelling for mental health of primary school children: impact on acceptability and its associations with personality. *Psychology Research and Behavior Management*, 17:1757-1774.
- 16. D'Agostini, M., Moltrasio, C., Feruglio, S., Crescentini, C., Paolone, A.R., Fabbro, F., Brambilla, P. (2024). Movies as Innovative Tools for Teaching psychiatry: a New Model for Cinemedicine. *Minerva Psychiatry*, 65, 140-147.
- Matiz, A., Scaggiante, B., Conversano, C., Gemignani, A., Pascoletti, G., Fabbro, F., Crescentini, C. (2024). The effect of mindfulness-based interventions on biomarkers in cancer patients and survivors: a systematic review. *Stress and Health*. 2024;e3375; doi.org/10.1002/smi.3375.
- Baggio, M., Danieli, A., Crescentini, C., Duma, G.M., Da Rold, M., Baldini, S., Pascoli, E., Antoniazzi, L., Vestri, A., Fabbro, F., Bonanni, P. (2023). Neuropsychological Functioning in Bilateral versus Unilateral Temporal Lobe Epilepsy. *Brain Sciences*;13(11):1526.
- 19. Feruglio, S., Panasiti, M.S., Crescentini, C., Aglioti, S.M., Ponsi, G. (2023). Training the moral self: an eight-week mindfulness meditation program leads to reduced dishonest behavior and increased regulation of interoceptive awareness. *Mindfulness*, 14, 2757-2779.
- Scafuto, F., Ciacchini, R., Orrù, G., Crescentini, C., Conversano, C., Mastorci, F., Porricelli, M., Gemignani, A. (2023). COVID-19 pandemic and internet addiction in young adults: a pilot study on positive and negative psychosocial correlates. *Clinical Neuropsychiatry*, 20(4), 240-251.
- 21. Fabbro, F., Fabbro, A., Crescentini, C. (2022). The nature and function of languages. Languages, 7(4), 303.
- 22. Feruglio, S., Panasiti, M.S., Crescentini, C., Aglioti, S.M., Ponsi, G. (2022). The impact of mindfulness meditation on social and moral behavior: does mindfulness enhance other-oriented motivation or decrease monetary reward salience? *Frontiers in Integrative Neuroscience*, 16:963422.
- Pascut S, Feruglio S, Crescentini C, Matiz A. (2022). Predictive Factors of Anxiety, Depression, and Health-Related Quality of Life in Community-Dwelling and Institutionalized Elderly during the COVID-19 Pandemic. International Journal of Environmental Research and Public Health, 19(17):10913.
- D'Antoni, F., Matiz, A., Fabbro, F., Crescentini, C. (2022). Psychotherapeutic Techniques for Distressing Memories: A Comparative Study between EMDR, Brainspotting, and Body Scan Meditation. *International Journal* of *Environmental Research and Public Health*, 19(3), 1142.
- Matiz, A., Fabbro, F., Paschetto, A., Urgessi, C., Ciucci, E., Baroncelli, A., Crescentini, C. (2022). The Impact of the COVID-19 Pandemic on Affect, Fear, and Personality of Primary School Children Measured During the Second Wave of Infections in 2020. *Frontiers in Psychiatry*, 12, 803270.
- Feruglio, S., Pascut, S., Matiz, A., Pachetto, A., Crescentini, C. (2022). Effects of mind-body interventions on adolescents' cooperativeness and emotional symptoms. *Behavioral Sciences* (Basel), 12, 33.

- 27. D'Antoni, F., Feruglio, S., Matiz, A., Cantone, D., Crescentini, C. (2022). Mindfulness meditation leads to increased dispositional mindfulness and interoceptive awareness linked to a reduced dissocitative tendency. *Journal of Trauma & Dissociation*, 23, 8-23.
- 28. Feruglio, S., Matiz, A., Cogo, P., Vidal., Paschetto, A., Fabbro, F., Crescentini, C. Isolated and blocked adolescents: a study on the psychological effects of the COVID-19 outbreak. *Minerva Psychiatry*, 63(3):208-18.
- Zaccari, V., Santonastaso, O., Mandolesi, L., De Crescenzo F., Foti, F., Crescentini, C., Fabbro, F., Vicari, S., Curcio, G., Menghini, D. (2022). Clinical application of mindfulness-oriented meditation in children with ADHD: effects on sleep and behavioral problems. *Psychology & Health*, 37, 563-579.
- Feruglio, S., Matiz, A., Pagnoni, G., Fabbro, F., Crescentini, C. (2021). The Impact of Mindfulness Meditation on the Wandering Mind: a Systematic Review. *Neuroscience and Biobehavioral Reviews*, 131, 313-330.
- Matiz, A., Crescentini, C., Bergamasco, M., Budai, R., Fabbro, F. (2021). Inter-brain co-activations during mindfulness meditation. Implications for devotional and clinical settings. *Consciousness and Cognition*, 95:103210.
- 32. Cantone, D., Feruglio, S., Crescentini, C., Cinot, S., Matiz, A. (2021). A Multilevel Approach to Explore the Wandering Mind and its Connections with Mindfulness and Personality. *Behavioral Sciences* (Basel), 11(9):125.
- 33. Campanella, F., Arcara, G., Crescentini, C., Fabbro, F., Skrap, M. (2021). Cognitive reserve protects language functions in patients with brain tumors. *Neuropsychologia*, 154, 107769.
- Feruglio, S., Matiz, A., Grecucci, A., Pascut, S., Fabbro, F., Crescentini, C. (2021). Differential Effects of Mindfulness Meditation Conditions on Repetitive Negative Thinking and Subjective Time Perspective: a Randomized Active-Controlled Study. *Psychology & Health*, 36, 1275-1298.
- 35. Crescentini, C., Feruglio, S., Matiz, A., Paschetto, A., Vidal, E., Cogo, P., Fabbro, F. (2020). Stuck outside and inside: an exploratory study on the effects of the COVID-19 outbreak on Italian parents and children's internalizing symptoms. *Frontiers in Psychology. Psychology for Clinical Settings*, 11:586074.
- Santonastaso, O., Zaccari, V., Crescentini, C., Fabbro, F., Capurso, V., Vicari, S., Menghini, D. (2020). Clinical application of mindfulness-oriented meditation: a preliminary study in children with ADHD. *International Journal of Environmental Research and Public Health*, 17, 6916.
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- 38. Matiz, A., Guzzon, D., Crescentini, C., Paschetto, A., Fabbro, F. (2020). The role of self body brushing vs mindfulness meditation on interoceptive awareness: a non-randomized pilot study on healthy participants with possible implications for body image disturbances. *European Journal of Integrative Medicine*, 37, 101168.
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ABSTRACT, PROCEEDINGS OF NATIONAL AND INTERNATIONAL CONFERENCES AND PUBLICATIONS IN JOURNALS WITH NO IMPACT FACTOR AND/OR NOT PRESENT ON SCOPUS

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MAIN CONTRIBUTIONS TO NATIONAL AND INTERNATIONAL CONFERENCES (POSTERS AND ORAL INTERVENTIONS)

1. 11 October 2024, Firenze, Italia Page 18 - Curriculum vitae Cristiano Crescentini Scafuto, F., Ciacchini, R., Crescentini, C., Conversano, C., Matiz, A. MINDhEARTH: Avere a cuore la salute di sè e del pianeta. Third Conference of the "Psicologia Toscana": Psicologia e Pace. School of Psychology, University of Firenze.

2. 11-13 October 2024, Rimini, Italia

D'Antoni, F., Matiz, A., Crescentini, C. Validazione del questionario sul Modello di Modulazione dell'Arousal (AMMQ): implicazioni cliniche e di ricerca per l'EMDR. National Conference EMDR Italia (25 anni di terapia EMDR: innovazione e ricerca). Palacongressi di Rimini.

- 21 September 2024, Reggio Emilia, Italia Matiz, A., Vidoni, G., Cimenti, M., Dosa, D., Forgiarini, M.R., Crescentini, C. La meditazione orientata alla mindfulness nella scuola secondaria: uno studio randomizzato controllato su efficacia e accettabilità di un intervento di sei settimane. XXXII National Congress AIRIPA (Italian Association for Research and Intervention in the Psychopathology of Learning) 20-21 september 2024, University of Modena and Reggio Emilia (online participation).
- 21 June 2024, Padua, Italy Matiz, A., Scaggiante, B., Conversano, C., Gemignani, A., Crescentini, C. Biological effects of mindfulness-based interventions for cancer populations: a systematic review. International Society for Contemplative Research. 2nd Annual Conference, June 19 – 23, 2024 Padova, Italy.
- 24 May 2024, Ghent, Belgium Ponsi, G., Sorella, S., Matiz, A., Crescentini, C., Panasiti, M.S., Aglioti, S.M. Autonomic thermal signatures of (dis)honest response preparation in mindfulness trained practitioners. EUROPEAN SOCIETY FOR COGNITIVE AND AFFECTIVE NEUROSCIENCE (ESCAN), 22 – 25 MAY 2024, 7TH BI-ANNUAL ESCAN MEETING, GHENT, BELGIUM.
- 6. 21-23 September 2023, Foggia, Italy

Crescentini, C. Interventi mindfulness per la scuola. XXXI National Congress AIRIPA (Italian Association for Research and Intervention in the Psychopathology of Learning). Department of Economics, University of Foggia (online participation).

7. 15-17 September, Florence, Italia

Crescentini, C. Promoting primary school children's mental health through a 24-session mindfulness-based program: qualitative analysis of children subjective experiences and their association with personality traits. XXXIII National Congress of the Italian Psychology Association, section of Clinical and Dynamic Psychology (AIP), University of Florence.

- 27 September 2022, Padova, Italy Crescentini, C. Mindfulness and Mind-wandering: how are they linked? Oral contribution within the symposium entitled "New horizons in mindfulness research" (coordinator: Prof. F. Pagnini). XXX AIP Congress (all sections) -Padova 27-30 September 2022.
- 5-8 July 2022, Ljubljana, Slovenia. D'Antoni, F., Pedone, E., Crescentini, C. The Arousal Modulation Model Questionnaire (AMMQ). 17th European Congress of Psychology.
- 5-8 July 2022, Ljubljana, Slovenia. Feruglio, S., Matiz, A., Pagnoni, G., Fabbro, F., Crescentini, C. The Impact of Mindfulness Meditation on the Wandering Mind: a Systematic Review" 17th European Congress of Psychology.
- 11. 11-12 June 2021, University of Pavia (online conference) Feruglio, S., Matiz, A., Grecucci, A., Pascut, S., Fabbro, F., Crescentini, C. Effetti differenziali di tre pratiche di meditazione mindfulness sui pensieri negativi ripetitivi e sulla percezione soggettiva del tempo: uno studio randomizzato con controllo attivo. Poster presented at the 13° National Days of Positive Psychology - Italian Society of Positive Psychology
- 11-13 June 2021, (online conference) D'Antoni, F., Pedone, E., Fabbro, F., Crescentini, C. The comparison of EMDR with other therapeutic techniques in the processing of stressful memories in a non-clinical sample. EMDR Europe Research & Practice Conference. Virtual EMDR Conference.
- 27 November 2020, (online conference) Crescentini, C., Menghini, D., Santonastaso, O. La mindfulness per l'ADHD e i disturbi del neurosviluppo. Applicazione clinica della meditazione orientata alla mindfulness. XVII Edition, Giornate di aggiornamento sull'uso degli strumenti in Psicologia clinica dello sviluppo. Il Mulino.
- 14. 5-8 November 2020, (online conference) Feruglio, S., Matiz, A., Grecucci, A., Pascut, S., Fabbro, F., & Crescentini, C. Differential effects of mindfulness meditation conditions on repetitive negative thinking and subjective time perspective: a randomized active-controlled study. Contemplative Research Conference of the Mind & Life Institute, Charlottesville, Virginia, USA.

 27–29 September 2019, Milano, Italy Santonastaso O., Zaccari V., Crescentini C., Fabbro F., Capurso V., Vicari S., Menghini. Clinical application of mindfulness-oriented meditation in children with ADHD: A pilot study. XXI National Congress of the Italian Psychology Association, section of Clinical and Dynamic Psychology. Department of Psychology, University of Milan Bicocca.

 18-20 September 2019, Milano, Italy Vallesi A., Incagli F., Crescentini C., Tarantino V. Effetti della Mindfulness su abilità di controllo cognitivo. XXV National Congress of the Italian Psychology Association, Experimental Section. Vita-Salute University, San Raffaele, Milan. 17. 6 July 2019, Udine (IT)

Crescentini, C. The possible role of mindfulness meditation and mindfulness-based interventions in reducing loneliness and enhancing social-relationship. Congress IFOTES 2019. Uscire dalla solitudine. Costruire Relazioni. Udine, 3-7 July 2019.

- 27-29 September 2018, Ljubljana, Slovenia Ferrari, E., Finisguerra, A., Marini, A., Crescentini, C., Urgesi, C. Generalizability of cognitive control for language and action selection in bilinguals: behavioral and brain stimulation evidence. 13th Alps Adria Psychology Conference. Department of Psychology, Faculty of Arts, University of Ljubljana.
- 21 September 2018, Verona, Italy Crescentini, C. Effetti della meditazione di consapevolezza (mindfulness) sulle rappresentazioni del sé implicite e esplicite. XIX National Congress SITCC, Casi Clinici. Tra teoria, ricerca e pratica. University Pole Giorgio Zanotto, Verona.
- 27-30 June 2018, Amsterdam, The Netherlands Crescentini, C. Effects of Mindfulness Meditation on Explicit and Implicit Components of Personality. Society for Psychotherapy Research, 49th Annual International Meeting.
- 17 January 2018, Bressanone, Italy Santonastaso O., Zaccari V., Fabbro F., Crescentini C., Menghini D., Vicari S. L'applicazione della Meditazione Orientata alla Mindfulness (MOM) in bambini con ADHD. Giornate di Neuropsicologia dell'età evolutiva XIII edition, Faculty of Education, Free University of Bozen-Bolzano, Bressanone.
- 29 September 2017 01 October 2017, Torino, Italy Crescentini C., Fabbro F., Paschetto A., Brambilla P., Garzitto M. Temperament and Character effects on common emotional-behavioral difficulties and psychological well-being in adolescents. XIX National Congress of the Italian Psychology Association, section of clinical and dynamic psychology. University of Turin. Department of Psychology.
- 03-06 September 2017, Potsdam, Germany Finisguerra, A., Urgesi, C., Peterlini, S., Crescentini, C., Colzato, L. S. Effects of transcutaneous Vagus Nerve Stimulation (tVNS) on implicit and explicit religiousness and spirituality. 20th Conference of the European Society for Cognitive Psychology (ESCoP).
- 24. 11-15 May 2016, Roma, Italy Capurso, V., Fabbro, F., Crescentini, C. The effects of mindfulness-oriented meditation on school teachers' stress, burnout and personality traits. 2nd international conference on mindfulness, Sapienza University of Rome.
- 21-24 January 2015, Bressanone, Italy Crescentini, C., Capurso, V., Fabbro, F. Mindfulness-oriented meditation for primary school children: Effects on attention and psychological well-being. Giornate di Neuropsicologia dell'età evolutiva X edition, Faculty of Education, Free University of Bozen-Bolzano, Bressanone.
- 11-15 April 2014, Bangor, Wales, UK Crescentini, C., Urgesi, C., Campanella, F., Fabbro, F. Effects of an 8-week meditation program on the implicit and explicit attitudes toward religious/spiritual self-representations. Centre for Mindfulness Research & Practice, University of Bangor. 2014 Conference on Cognitive Neuroscience of Mindfulness.
- 26-29 March 2014, Porto, Portugal Crescentini, C., Aglioti, S., Fabbro, F., Urgesi, C. Virtual lesions of the inferior parietal cortex induce fast changes of implicit religiousness/spirituality. 10th Symposium of the Bial Foundation. Behind and Beyond the Brain: Mind-Matter Interactions.
- 28. 11 October 2013, Pisa, Italy

Cristiano Crescentini

Crescentini, C. Mindfulness, personalità e rappresentazioni del sè. Centro Espositivo S. Michele degli Scalzi. National conference on "Gestione dello Stress: meditazione, mindfulness, sviluppo dell'intelligenza emotiva nel sistema sanitario e universitario italiano. Esperienze e testimonianze".

- 15-21 June 2013, Garrison, New York, USA Crescentini, C., Urgesi, C., Campanella, F., Fabbro, F. Effects of an 8-week meditation program on the implicit and explicit self-referential spiritual representations. Mind & Life Summer Research Institute.
- 19-21 March 2013, Leipzig, Germany Crescentini, C., Aglioti, SM., Fabbro, F., Urgesi, C. Virtual lesions of the inferior parietal and prefrontal cortex alter implicit religiousness and spirituality in healthy individuals. 5th International Conference on Non-invasive Brain Stimulation.
- 9-10 November 2012, Rome, Italy Crescentini, C., Aglioti, S., Fabbro, F., & Urgesi, C. Magnetic stimulation of fronto-parietal areas alters religiousspiritual self-representations in healthy individuals. Meeting of the Italian Society of Neuropsychology (SINP).
- 20-23 September 2012, Chieti, Italy Crescentini, C., & Urgesi, C. Mental transformation of objects and bodies. Different developmental trajectories in children from 7 to 11 years old. National Meeting of the Italian Association of Psychology (AIP).
- 31 March 3 April 2012, Chicago, IL, USA Civai, C., Crescentini, C., Rustichini, A., & Rumiati, R. Inequity aversion as an abstract rule in the Ultimatum Game: an fMRI study. Poster presented at the Cognitive Neuroscience Society (CNS), 2012, Meeting.
 24 20.21 April 2042, March Value Value
- 34. 20-21 April 2012, New York, USA Civai, C., Crescentini, C., Rustichini, A., & Rumiati, R. Equality VS self–interest in the brain: differential roles of anterior insula and medial prefrontal cortex. Poster presented at the 5th Annual Meeting of the Social & Affective Page 20 - Curriculum vitae

Neuroscience Society.

- 14 November 2011, Brescia, Italy Mengotti, P., Crescentini, C., Grecucci, A., & Rumiati, R. Effetti del modello sull'imitazione studiati con la risonanza magnetica funzionale. XIX Meeting of the Italian Society of Psychophysiology.
- 18-19 November 2011, Bologna, Italy Civai C, Crescentini C, Rustichini A, & Rumiati RI. Equity as a moral norm in the Ultimatum Game: an fMRI study. Autumn Meeting of the Italian Society for Neuropsychology (SINP).
- 31 July 5 August 2011, University of York, York, UK Del Missier, F., Crescentini, C, Marin, D., Biasutti, E., & Shallice, T. Interference from retrieval cues in Parkinson's disease. The 5th International Conference on Memory.
- 27-28 May 2011, Bologna, Italy Crescentini, C, Mengotti, P., Grecucci, A., & Rumiati, R.I. The effect of observed human and non human movements on action imitation. Spring Meeting of the Italian Society for Neuropsychology (SINP).
- 23-28 January 2011, Bressanone, Italy Crescentini, C., Seyed-allaei, S., & Shallice, T. Planning and spatial working memory rely on common neural networks but at very different stages of the task. XXVIII European Workshop on Cognitive Neuropsychology.
- 28-29 October 2010, Trieste, Italy Crescentini, C., Shallice, T., Del Missier, F., & Macaluso, E. Neural correlates of episodic retrieval: an fMRI study of the Part-list cueing effect. XVIII Trieste Symposium on Perception and Cognition.
- 41. 24 September 2010, Udine, Italy Crescentini, C. Planning and Spatial working memory: an fMRI study. IV European Conference of Medical Physics on Advances in High Field Magnetic Resonance Imaging, Udine, Italy. Study also presented at the Inaugural Scientific Meeting for the Friuli Magnetic Resonance Research Scanner (SISSA, Trieste, Italy, July 10, 2010).
- 6–10 June 2010, Barcelona, Spain Crescentini, C., Seyed-Allaei, S., De Pisapia, N., Jovicich, J., Amati, D., & Shallice, T. fMRI Investigations of Rule Acquisition in Inductive Reasoning. 16th Annual Meeting of the Organization for Human Brain Mapping (OHBM).
- 22– 26 March 2010, Toronto, Canada Vallesi, A., McIntosh, A. R., Crescentini, C., & Stuss, D. T. Prefrontal involvement in switching between speed and accuracy: An fMRI study. The 20th Annual Rotman Research Institute Conference. The frontal lobes.
- 24-29 January 2010, Bressanone, Italy Crescentini, C., Mondolo, F., Biasutti, E., & Shallice, T. Deficits in shifting attention underlie switching problems in Parkinson's disease. XXVII European Workshop on Cognitive Neuropsychology.
- 24-29 January 2010, Bressanone, Italy Vallesi, A., Crescentini, C., & Stuss, D. Subtle response suppression decline during nogo conditions in normal aging: a Lateralized Readiness Potential study. XXVII European Workshop on Cognitive Neuropsychology.
- 2-5 September 2008, Edinburgh, UK/Scotland Crescentini, C., Macaluso, E., & Shallice, T. Item retrieval and competition in Noun and Verb generation: an fMRI study. First Meeting of the Federation of the European Societies of Neuropsychology (ESN).
- 29 August 2 September 2007, Marseille, France Crescentini, C., Del Missier, F., & Shallice, T. Executive Control of Retrieval in Noun and Verb production. ESCOP XV.
- 22-26 January 2007, Bressanone, Italy Crescentini, C., Mondolo, F., Biasutti, E., & Shallice, T. Supervisory and routine processes in noun and verb generation in nondemented patients with Parkinson's Disease. XXIV European Workshop on Cognitive Neuropsychology.
- 18-20 October 2006, Toulouse, France Crescentini, C., Lunardelli, A., & Shallice, T. Left basal ganglia case of dynamic aphasia or impairment of extralanguage cognitive processes? Second Meeting of the European Societies of Neuropsychology.
- 5-8 April 2006, Trieste, Italy Crescentini, C., Shallice, T., & Cooper, R. A macroplanning model to simulate dynamic aphasia. Seventh International Conference on Cognitive Modelling.
- 23-25 October 2005, Amsterdam, The Netherlands Stocco, A. & Crescentini, C. Syntactic comprehension in agrammatism: a computational model. The 2005 Meeting of the Academy of Aphasia.
- July 2005, Stresa, (VB), Italy Crescentini, C., & Stocco, A. Agrammatism as a failure in the lexical activation process. The 27th Annual Conference of the Cognitive Science Society.
- June 2005, Trieste, Italy Crescentini, C., & Stocco, A. Executive control in sentence comprehension: an ACT-R model of agrammatic aphasia. Twelfth ACT-R Workshop.

EXPERIENCES AS REVIEWER / EDITOR OF INTERNATIONAL SCIENTIFIC JOURNALS

Referee activities: reviewer for the 16th and the 17th Annual Meeting of the Organization for Human Brain Mapping

(OHBM); Artificial Intelligence in Medicine; Cortex; NeuroImage; Neurocase; Cerebral Cortex; Psychophysiology; Neuropsychologia; Neurological Research; Journal of Neuropsychology; PlosOne; Mindfulness; Journal of Psychology and Clinical Psychiatry; Neuroscience & Biobehavioral Reviews; Brain and Behavior; Cognitive and Behavioral Neurology; Frontiers in Psychology (Cognition); Personality and Individual Differences; Psychology of Religion and Spirituality; Journal of Community Medicine & Public Health Care; The International Journal for the Psychology of Religion; Psychiatry Investigation; Giornale Italiano di Psicologia (GIP); Australian Journal of Psychology; Scientific Reports; Journal for the Scientific Study of Religion; Journal of Psychology & Psychotherapy; Journal of Cognitive Psychology; Psicologia della Salute; Journal of Cognitive Enhancement; Cognitive, Affective, and Behavioral Neuroscience; Higher Education Pedagogies; European Journal of Physiotherapy; American Psychology; Complementary Therapies in Clinical Practice; Applied Psychology Health and Well-Being; Current Psychology; Reviewer for the Swiss National Science Foundation; Current Directions in Psychological Science; DIS (Dislessia, Discalculia, Disturbi di Attenzione, Erickson); Complementary Therapies in Medicine; Clinical Psychology Review; Journal of Affective Disorder; Journal of Clinical Psychology; Rivista Internazionale di Filosofia e Psicologia, Nature Human Behavior, Frontiers in Psychology Section Psychopathology.

Editor activity: - Editorial Advisory Board for: Journal of Cognitive Enhancement. Springer.

-Guest editor for the Special Topic: "Enhancing Brain and Cognition through meditation" published on: *Journal of Cognitive Enhancement, 2, 2017.*

-Review Editor for: Frontiers in Psychology, Section Cognition

-Review Editor for: Frontiers in Psychology, Section Theoretical and Philosophical Psychology

-Review Editor per: Frontiers in Psychology, Section Mindfulness

- Member of the editorial committee and Director of the series: *Annali di Meditazione e Neuroscienze*. Milano: Mimesis.

-Guest editor for the Special Issue: "Mindfulness-Based Practice for Stress Management and Enhancing Well-Being" 2021/2022 published on: Behavioral Sciences (Open Access Journal by MDPI).

-Associate editor (section: Mental Health, Neurodevelopmental and Personality Disorders) for: Minerva Psichiatrica (https://www.minervamedica.it/it/riviste/minerva-psichiatrica/), until end of 2023.

-Associate editor in Consciousness Research (section of Frontiers in Psychology)

(https://www.frontiersin.org/journals/psychology/sections/consciousness-research).

PARTICIPATION IN FUNDED RESEARCH PROJECTS

- Participant in the PRID 2017 funded research program "COLLECTION - domain specificity of Cognitive cOntroL for LanguagE and aCTion selectION: behavioral and brain stimulation studies", University of Udine (Responsible: Prof. Cosimo Urgesi).

- Participation, as a research fellow, in the research project funded by the Bial Foundation (Number: 66/10): "The Spiritual Brain: Neuropsychological and neurophysiologic investigations of Self-transcendence and Spirituality" (Responsible: Prof. Salvatore Maria Aglioti, University of Rome "La Sapienza" and Prof. Franco Fabbro, University of Udine). From 01-04-2011 to 28-02-2013.

- Participant in the 2009 PRIN funded research program "Anticipation of action in elite brains. Neurophysiological and functional neuroanatomy studies in expert musicians and elite athletes" (Protocol: 2009A8FR3Z_001); University of Rome "La Sapienza", PI Prof. Aglioti Salvatore Maria. From 17-10-2011 to 17-10-2013.

- Scientific collaborator. Associazione "La Nostra Famiglia", IRCCS E. Medea, Polo Friuli Venezia Giulia. Collaborator on the research project: "Neurofunctional alterations of Body Representation in Anorexia Nervosa:

Neuropsychological measures and Neurophysiologic Treatments". Responsible: Prof. Cosimo Urgesi. From 15-02-2012 to 13-12-2013.

- Participant in the research program funded by the Bial Foundation (num. 276/18) "Embodied morality: autonomic signatures of spontaneous deception in mindfulness trained practitioners". From 01-01-2019 to 31-12-2020.

- From 2019 participant in the research and training program and Scientific Responsible (from 01/03/2022) of the project: "Mindfulness Oriented Meditation (MOM) in educational settings" funded by the "Direzione Centrale" for Health, Social Policies and Disability, Health Promotion Service, of the Autonomous Region of FVG (2020 funding: 38,000 euros; 2021 funding: 100,000 euros) and by the regional healthcare companies (ASFO, ASUGI, ASUFC, 2023/2024 funding: 22,000 euros; 2024/2025 funding: 25.000 euro).

- PI of the funded project by the Bial Foundation (num. 244/22): "Autonomic signatures of mind wandering and its consequences on attention and positive emotions in individuals with different levels of expertise in mindfulness meditation" (from 15/09/2023 to 14/09/2026) (funding: 58,000 euros).

- PI of the funded project PRIN 2022 (RESEARCH PROJECTS OF RELEVANT NATIONAL INTEREST – Bando 2022 Prot. 2022NNK5RZ): "Psychological, cognitive, and biological impact of mindfulness meditation interventions for cancer survivors: the MeetOurMind tertiary prevention study". From 04/02/2025 to 03/02/2027 (MUR contribution for research: 135.537 euro).

- Participant in the research program PRO-BEN funded by MUR "HEALTH ON CAMPUS: RICERCA E MODELLI MULTIDISCIPLINARI INTEGRATI DI PROMOZIONE DEL BENESSERE PSICOFISICO NELLA POPOLAZIONE UNIVERSITARIA". From 15/10/2024 to 15/10/2025. Leading Unit of the project: University of Pavia. Funding for

CURRENT AFFILIATIONS TO SCIENTIFIC SOCIETIES

Italian Association of Psychology (AIP) (Clinical and Dynamic Psychology section).

MAIN NON-UNIVERSITY TRAINING AND HEALTH PROMOTION ACTIVITIES AIMED AT GENERAL CITIZENSHIP AND HEALTH PROFESSIONALS

Training activities aimed mainly at health professionals (psychologists / psychotherapists, doctors, professional educators, nurses, social workers, teachers; many ECM accredited courses):

• 2018/2019: Introductory course to Mindfulness Oriented Meditation (MOM). IRCCRO I.R.C.C.S. Centro di Riferimento Oncologico - Istituto Nazionale Tumori (3 days).

• 2018/2019: Mindfulness in academic distress and emotional regulation (4 courses of 10 hours each held in Conegliano and Rimini for "Progetto Uomo Onlus Foundation, Free University of the Family").

• 2017: Mental well-being through the practice of mindfulness meditation, Azienda per l'Assistenza Sanitaria n.5 "Friuli occidentale" S. S. FORMAZIONE, Dipartimento di Prevenzione, Pordenone (3 days).

• 2017: Mindfulness: a path to awareness. Istituto Comprensivo Udine VI e ISIS "E. Mattei" – Latisana (3 8-week courses for students and teachers).

• 2017/2019/2020: Knowing and practicing mindfulness to improve the doctor-patient relationship and promote humanization in the hospital setting. Azienda per l'Assistenza Sanitaria n.3 "Alto Friuli, Collinare, Medio Friuli" sede ospedaliera di San Daniele – Servizio Alcologia, sede ospedaliera di Gemona, sede ospedaliera di Tolmezzo (3 8-week courses).

• 2016, 2017, 2018, 2019, 2020, 2022, 2023, 2024: Know and practice mindfulness meditation, ENAIP Friuli Venezia Giulia, sedi di Cordenons e Pasian di Prato (> 10 8-week courses).

2016, 2017: Introduction to the practice of mindfulness for psychoeducational intervention (Neuroscience and meditation in the information society), GIUNTI OS, (2 editions: 2016 Milano, 2017 Bologna) (6 total days).
2016, 2017, 2018, 2019, 2021, 2022, 2023, 2024: Knowing and practicing mindfulness to improve the doctor-patient relationship and promote humanization in the hospital setting, Azienda Sanitaria Universitaria Integrata di Udine, Formazione e valorizzazione del personale, Ospedale S.M. della Misericordia, Udine e Ospedali di Latisana e San Daniele e Pordenone.

2016/2017: Know and practice mindfulness meditation, Federsanità, Tavagnacco, Udine (1 8-week course).
2021, 2022, 2023, 2024: Know and practice mindfulness meditation. Six 8-week courses for UniUd students (online and in presence courses).

• 2021 and 2022: Knowing and practicing mindfulness to improve the doctor-patient relationship and promote humanization in the hospital setting. Two 8-week courses for healthcare personnel from the "Azienda Sanitaria Universitaria Giuliano Isontina (ASUGI)" (Course location: Monfalcone e Gorizia).

• 2022 Knowing and practicing mindfulness to improve the doctor-patient relationship and promote humanization in the hospital setting. A 8-week courses for healthcare personnel from the IRCCS materno infantile Burlo Garofolo di Trieste.

KNOWN LANGUAGES

ITALIAN (native language) ENGLISH (excellent reading, writing and speaking skills).

TECHNICAL SKILLS AND COMPETENCES

• Software used: SPM5, SPM8,Cogent2000, Marsbar, E-prime, Presentation, SPSS, Statistica, Eye-Traker Tobii, Cool-Edit, Audacity, Neuronavigation, Adobe Photoshop, Microsoft Office, Biograph Infinity.

- Software used for cognitive models: Cogent, principles of ACT-R.
- Programming languages: Principles of Matlab, principles of Lisp.

NEUROSCIENTIFIC TECHNIQUES AND METHODS

Udine 16/12/2024

Functional magnetic resonance imaging (fMRI); Cognitive and clinical neuropsychology; Cognitive models; Transcranial Magnetic Stimulation (TMS); Behavioral methods; Psychophysiology.

Cristiano Crescentini

Ristiano Bercentini