

EUROPEAN
CURRICULUM VITAE
FORMAT



PERSONAL INFORMATION

Name

CRISTIANO CRESCENTINI

ASSOCIATE PROFESSOR IN CLINICAL PSYCHOLOGY, PHD IN NEUROSCIENCE, PSYCHOLOGIST ENROLLED IN THE REGISTER OF PSYCHOLOGISTS OF FRIULI VENEZIA GIULIA, PSYCHOTHERAPIST (SYSTEMIC, FAMILY AND RELATIONAL PSYCHOTHERAPY), INSTRUCTOR OF MINDFULNESS-BASED INTERVENTIONS.

Address

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CF: CRSCST79H23B509Y

Nationality

Italian

Date and Place of Birth

CAMPIGLIA MARITTIMA (LI), 23/06/1979

Marital Status

Married

RESEARCH INTERESTS

Clinical and Cognitive Psychology and Neuropsychology; Mindfulness Meditation; Personality; Consciousness and non-ordinary states of consciousness; Neural and psychological basis of spiritual and religious experiences; Neural and psychological mechanisms of cognitive control; Language Production; Episodic memory; Problem solving; Psychophysiology; fMRI; TMS; Artificial intelligence.

WORK EXPERIENCE

- Dates (from - to) 1 October 2022 - present
- Name of the employer University of Udine, Department of Languages and Literatures, Communication, Education and Society
- Occupation or position held Associate Professor in Clinical Psychology, 11/E4 (SSD: MPSI/08)

- Dates (from - to) 4 December 2021 – 30 September 2022
- Name of the employer University of Udine, Department of Languages and Literatures, Communication, Education and Society
- Occupation or position held Associate Professor in Psychobiology and Physiological Psychology, 11/E1 (SSD: MPSI/02)

- Dates (from - to) 20 October 2021 – 19 October 2024
- Name of the employer Institute of Mechanical Intelligence, Scuola Superiore Sant'Anna, Pisa, Italy
- Occupation or position held Affiliate Professor

- Dates (from - to) 4 December 2018 -3 December 2021
- Name of the employer University of Udine, Department of Languages and Literatures, Communication, Education and Society
- Occupation or position held Fixed-term researcher (RTD-B) in Psychobiology and Physiological Psychology, 11/E1 (SSD: MPSI/02)

- Dates (from - to) January 2020- present
- Name of the employer NAVEN, Institute of Specialization in Family and Relational Systemic Psychotherapy, Udine
- Occupation or position held External didactic collaborator

- Dates (from - to) 4 July 2016 – 3 December 2018
- Name of the employer University of Udine, Department of Languages and Literatures, Communication, Education and Society
- Occupation or position held Fixed-term researcher (RTD-A) in Psychobiology and Physiological Psychology, 11/E1 (SSD: MPSI/02)

- Dates (from - to) 1 March 2014 – 29 February 2016
- Name of the employer University of Udine
- Occupation or position held Post-doc Research Fellow at the Department of Human Sciences

- Dates (from - to) 1 January 2012 – 31 December 2013
- Name of the employer “La Sapienza” University of Rome and University of Udine
- Occupation or position held Post-doc Research Fellow at the Department of Psychology (Rome) and the Department of Human Sciences (Udine)

- Dates (from - to) 1 January 2012 – 31 December 2013
- Name of the employer Association “La Nostra Famiglia”, IRCCS E. Medea - Udine
- Occupation or position held Scientific collaborator

- Dates (from - to) 1 March 2010 – 31 December 2011
- Name of the employer SISSA – International School of Advanced Studies - Trieste and Santa Maria della Misericordia University Hospital of Udine
- Occupation or position held Post-doc Scholarship at the Cognitive Neuroscience Sector (SISSA, Trieste) and the Magnetic Resonance Unit (Udine Hospital)

- Dates (from - to) 4 November 2008 – 28 February 2010
- Name of the employer SISSA – International School of Advanced Studies - Trieste
- Occupation or position held Post-doc Research Fellow at the Cognitive Neuroscience Sector

EDUCATION AND TRAINING

- Dates (from - to) January 2015 – December 2018
- Principal subjects/occupational skills covered Four-year specialization training in Psychotherapy (Psychotherapist title awarded on 11/01/2019 with 100/100 cum laude marks).
- Name and type of organisation providing education and training NAVEN, Institute of Specialization in Family and Relational Systemic Psychotherapy, Udine

- Dates (from - to) April 2016 – November 2016
- Principal subjects/occupational skills covered Course / Master of Mindfulness-based Interventions to become an Instructor of *Mindfulness based Stress Reduction e Mindfulness based Cognitive Therapy*
- Name and type of organisation providing education and training School of Cognitive Psychotherapy S.r.l., SPC, and Cognitive Psychology Association, APC of Rome; location of the course: Eremo of Montegiove, Fano.

- Dates (from - to) November 2004 – October 2008
- Principal subjects/occupational skills covered Research Doctorate (Phd obtained on 14/05/2009) in Neuroscience - supervisor: Prof. Tim Shallice with a thesis entitled: Frontostriatal circuits and selection of task-relevant information.
- Name and type of organisation providing education and training SISSA – International School of Advanced Studies - Trieste

- Dates (from - to) 15 September 2004 – 15 September 2005
- Principal subjects/occupational skills covered Post Graduate Training Internship

- Name and type of organisation providing education and training University of Trieste: supervisors Prof. Danilo Fum (1° sem) and dott. Alessia Granà (2° sem)
- Dates (from - to) October 1998 – July 2004
- Principal subjects/occupational skills covered Degree in Experimental Psychology (5 years, Vecchio Ordinamento). 110 cum laude with a thesis written in English entitled “Syntactic Comprehension in Agrammatism: an Architecture of Cognition approach.” Supervisor: Dott.sa Rosa Pia Lauro-Grotto
- Name and type of organisation providing education and training University of Florence
- Dates (from - to) 1° December 2002 – 1° May 2003
- Principal subjects/occupational skills covered Erasmus project. Given Exams; “Crosslinguistic aspects of aphasia”; Arts Faculty, Prof. R. Bastiaanse “Architecture for Intelligence”; Artificial Intelligence Faculty, Prof. N. Taatgen
- Name and type of organisation providing education and training University of Groningen (The Netherlands)
- Dates (from - to) July 1998
- Principal subjects/occupational skills covered High school diploma in Electronics and Telecommunications
- Name and type of organisation providing education and training Industrial Technical Institute G. Galilei, Livorno (LI), Italy

OTHER SPECIALIZATIONS AND WORK EXPERIENCES

- Dates (from - to) 18 July-23 September 2024
- Principal subjects/occupational skills covered Online ECM course (50 ECM): Counseling Techniques and Skills: The Interview in the Helping Relationship. Edizioni Centro Studi Erickson. Erickson, Trento.
- Dates (from - to) 10-11 March 2023
- Principal subjects/occupational skills covered Online ECM course (24 ECM): ACT for adolescents. Teacher Dr. Emanuele Rossi. Institute "Association of Cognitive Psychology" and institute "Association of School of Cognitive Psychotherapy", Rome.
- Dates (from - to) 19-21 January 2018
- Principal subjects/occupational skills covered EMDR Level II workshop with authorization for its application in clinical practice and research, Udine, Italy
- Dates (from - to) 15-17 September 2017
- Principal subjects/occupational skills covered EMDR Level I workshop with authorization for its application in clinical practice and research, Udine, Italy
- Dates (from - to) 10-14 June 2017
- Principal subjects/occupational skills covered Scientific training course (Summer School) "Empathy and Compassion: From Contemplative Traditions to Neuroscience", Gerace (RC), Italy, organized by the University of Rome "La Sapienza".
- Dates (from - to) 20 May 2016
- Principal subjects/occupational skills covered Training course on “The neuropsychological assessment of basic and higher cognitive functions. The clinical use of three specific tools for neurocognitive assessment: WAIS-IV, R-BANS, RBMT-3”, Associazione Psicoattività; Former Military Hospital, Trieste.
- Dates (from - to) 07-09 April 2016
- Principal subjects/occupational skills covered Training course on "Dialectical Behavioral Therapy (DBT), Main intervention strategies and techniques", School of Cognitive Psychotherapy S.r.l., SPC, and Cognitive Psychology Association, APC of Rome; location of the course: Hotel Cristallo, Udine.
- Dates (from - to) 2012 - present
- Principal subjects/occupational skills covered - Supervisor / Co-supervisor of degree theses of > 40 undergraduates (to date), Degree courses in Primary Education Sciences, Professional Educator, Education Science, and Exercise and

- skills covered Sport Sciences. University of Udine.
 - Supervisor of the student Viviana Capurso in the doctorate "Cognitive, Social and Affective Neuroscience (CoSAN)" XXIX cycle, at the University of Rome "La Sapienza" in collaboration with the University of Udine. (Phd awarded: 02/2017).
 - Head of 3 post-doc research fellows at the University of Udine (Marco D'Agostini, october 2019- october 2021; Alessio Matiz, may 2023-november 2025, and Francesca Scafuto, may 2023-april 2025) e two research fellows (Sara Sorella, september 2023-present; Matteo Cimenti, october 2023-present) and 1 "Incarico di Ricerca" (Anna Conversano, february 2026-present) at the University of Udine.
 - Co-responsible for 2 research fellows at the University of Udine: Alessio Matiz and Andrea Paschetto (february 2020-april 2023).
 - Co-responsible for 3 PhD students (aggregated at the University of Udine and doctoral students at the University of Rome "La Sapienza"): Fabio D'Antoni (from november 2018 to october 2021), Susanna Feruglio (from november 2019-october 2022), Stefania Pascut (from november 2020-october 2023), and e Alessio Matiz (from november 2021-october 2024).
- Dates (from - to) 15-21 June 2013
 - Principal subjects/occupational skills covered Scientific training course (Summer Research Institute) "Mapping the Mind", Mind & Life Institute, Garrison, New York, USA
- Dates (from - to) 16-18 February 2011
 - Principal subjects/occupational skills covered Statistical Parametric Mapping (SPM) training course, University of Zurich, Switzerland
- Dates (from - to) 26-31 March 2008
 - Principal subjects/occupational skills covered Marie Curie School –“Large-Scale Interactions in Brain Networks and their Breakdown in Brain Diseases”, Santo Stefano di Sessanio (AQ), Italy
- Dates (from - to) May 2007 – October 2008
 - Principal subjects/occupational skills covered Visiting student at the Laboratory of Neuroimaging – Supervisor: dott. Emiliano Macaluso, IRCCS Fondazione Santa Lucia, Rome, Italy
- Dates (from - to) April – June 2005
 - Principal subjects/occupational skills covered Visiting student – Supervisor: Prof. Richard Cooper, Birkbeck College, University of London, UK

INSTITUTIONAL APPOINTMENTS AND ORGANIZATIONAL COMMITMENTS

- Dates (from) Academic Year (AY) 2025-2026
 - Principal subjects/occupational skills covered University of Rome “La Sapienza”, Department of Psychology. Member of the Teaching Staff of the PhD Program in Psychology and Cognitive Science
- Dates (from) Academic Year (AY) 2025-2026
 - Principal subjects/occupational skills covered University of Udine, Humanistic Pole, Department of Languages and Literatures, Communication, Education and Society; Board Member of the 1st level University Master in “Specialization in methods and practices for strengthening care and social support pathways”
- Dates (from - to) Academic Year (AY) 2017-2018, 2018-2019, 2019-2020, 2020-2021, 2021-2022, 2022-2023, 2023-2024, 2024-2025, 2025-2026
 - Name and address of the employer University of Udine, Medical Pole and Humanistic Pole.
 - Type of occupation or position held Board Member and Director (since March 1st 2022) of the 1st level University Master in "Meditation and Neuroscience" (AY 2017-2018, 32 students, AY 2019-2020, 50 students, AY 2020-2021, 37 students, AY 2021-2022, 54 students, AY 2022-2023, 52 students, AY 2023-2024, 48 students, AY 2024-2025, 50 students, AY 2025-2026, 50 students) and “Meditation and Cognitive Neuroscience” (AY 2018-2019; 40 students) organized at the University of Udine.
- Dates (from - to) From 2016 - present
 - Name and address of the employer University of Udine, Humanistic Pole, Degree Course in Primary Education Sciences
 - Type of occupation or position held Member of the Internship Technical Commission

- Dates (from - to) From 2016 - present
- Name and address of the employer University of Udine, Humanistic Pole, Department of Languages and Literatures, Communication, Education and Society
- Type of occupation or position held Member of the Guarantee Commission for compliance with ethical principles in research on human beings at the University of Udine (DILL)

- Dates (from - to) From 2021 - present
- Name and address of the employer University of Udine, Medical Pole, Degree Course in Professional Education
- Type of occupation or position held Member of the Didactic Commission

- Dates (from - to) From 2022 - present
- Name and address of the employer University of Udine, Humanistic Pole, Department of Languages and Literatures, Communication, Education and Society
- Type of occupation or position held Member of the Conduction Group of the Specialization Course for Support Teachers

- Dates (from - to) From May 2, 2022 to September 30 2025
- Name and address of the employer University of Udine, Humanistic Pole, Student Services Area
- Type of occupation or position held Member of the psychological counselling service for students of the University of Udine and scientific referent for the same service for the a.y. 2023/2024 and a.y. 2024/2025

- Dates (from - to) From October 1, 2023 - to September 30 2025
- Name and address of the employer University of Udine, Humanistic Pole, Department of Languages and Literatures, Communication, Education and Society
- Type of occupation or position held President of the Quality Assurance Commission of research and of the third mission

- Dates (from - to) From October 1, 2022 to September 30 2025
- Name and address of the employer University of Udine, Humanistic Pole, Department of Languages and Literatures, Communication, Education and Society
- Type of occupation or position held Delegate for Orientation and Tutoring for the degree course in Primary Education Science

- Dates (from - to) From October 1, 2023 to September 30 2025
- Name and address of the employer University of Udine, Humanistic Pole, Department of Languages and Literatures, Communication, Education and Society
- Type of occupation or position held Delegate for Orientation and Tutoring for the degree course in Education Science

- Dates (from - to) From October 1, 2023 – present
- Name and address of the employer University of Udine, Humanistic Pole, Department of Languages and Literatures, Communication, Education and Society
- Type of occupation or position held Member of the Quality Assurance Commission and of the steering committee for the degree course in Education Science

- Dates (from - to) From October 1, 2025 - present
- Name and address of the employer University of Udine, Humanistic Pole, Department of Languages and Literatures, Communication, Education and Society
- Type of occupation or position held Departmental Research Delegate

- Dates (from - to) From October 1, 2025 - present
- Name and address of the employer University of Udine, Student Services Area
- Type of occupation or position held Rector's Sector Delegate for University Psychological Support Services

TEACHING ACTIVITY

- Dates (from - to) Academic Year 2021-2022, 2022-2023 (two courses of 23h each), 2023-2024, 2024-2025
- Name and address of the employer University of Udine, Medical Pole, Degree Course in Medicine and Surgery
 - Teaching Communication (M-PSI / 08, Clinical Psychology).
- Type of occupation or position held Associate Professor
 - Number of hours 23

- Dates (from - to) Academic Year 2022-2023, 2023-2024, 2024-2025, 2025-2026
 - Name and address of the employer University of Udine, Humanistic Pole, Degree Course in Primary Education Sciences
 - Teaching Clinical Psychology.
 - Type of occupation or position held Associate Professor
 - Number of hours 56
-
- Dates (from - to) Academic Year 2021-2022
 - Name and address of the employer University of Udine, Medical Pole, Degree Course in Professional Education
 - Teaching Psychology of disability
 - Type of occupation or position held Associate Professor
 - Number of hours 20
-
- Dates (from - to) Academic Year 2021-2022
 - Name and address of the employer University of Udine, Medical Pole, Degree Course in Professional Education
 - Teaching General Psychology
 - Type of occupation or position held Associate Professor
 - Number of hours 20
-
- Dates (from - to) Academic Year 2020-2021, 2021-2022
 - Name and address of the employer University of Udine, Medical Pole, Degree Course in Sports Science
 - Teaching General psychopathology
 - Type of occupation or position held Adjunct / Associate Professor
 - Number of hours 24
-
- Dates (from - to) Academic Year 2020-2021, 2021-2022, 2022-2023, 2023-2024
 - Name and address of the employer University of Udine, Medical Pole, Degree Course in Professional Education
 - Teaching Clinical Psychology of the life cycle
 - Type of occupation or position held Associate Professor
 - Number of hours 40 (50 h from 2023-2024)
-
- Dates (from - to) Academic Year 2017-2018, 2018-2019, 2019-2020
 - Name and address of the employer University of Udine, Humanistic Pole, Degree Course in Primary Education Sciences
 - Teaching Developmental Psychopathology & Developmental Psychopathology Laboratory (course borrowed for students of Sports Science and, for the 2018-2019 academic year, for students of Professional Education)
 - Type of occupation or position held Adjunct Professor
 - Number of hours 56 + 20
-
- Dates (from - to) Academic Year 2016-2017, 2020-2021, 2021-2022
 - Name and address of the employer University of Udine, Humanistic Pole, Degree Course in Primary Education Sciences
 - Teaching Developmental Psychopathology Laboratory
 - Type of occupation or position held Adjunct / Associate Professor
 - Number of hours 20
-
- Dates (from - to) Academic Year 2016-2017, 2018-2019, 2019-2020, 2019-2020 (DaD), 2020-2021, 2021-2022 (two courses of 30h each), 2022-2023 (two courses of 30h each), 2023-2024 (two courses of 30h each), 2024-2025 (two courses of 30h each)
 - Name and address of the employer University of Udine, Department of Languages and Literatures, Communication, Education and Society. Specialization Course for Support Teachers.
 - Teaching Integrated models of psycho-educational intervention for intellectual disability and generalized developmental disorders
 - Type of occupation or position held Adjunct/Associate Professor
 - Number of hours 30
-
- Dates (from - to) Academic Year 2021-2022
 - Name and address of the employer University of Udine, Medical Pole, Postgraduate School of Psychiatry
 - Teaching Clinical Psychology TC internship
 - Type of occupation or position held Associate Professor

<ul style="list-style-type: none"> • Number of hours 	240
<ul style="list-style-type: none"> • Dates (from - to) 	Academic Year 2014-2015, 2015-2016
<ul style="list-style-type: none"> • Name and address of the employer <ul style="list-style-type: none"> • Teaching 	University of Udine, Humanistic Pole, Degree Course in Primary Education Sciences Developmental psychology and psychobiology
<ul style="list-style-type: none"> • Type of occupation or position held <ul style="list-style-type: none"> • Number of hours 	Contract Professor 56
<ul style="list-style-type: none"> • Dates (from - to) 	Academic Year 2013-2014, 2017-2018, 2018-2019
<ul style="list-style-type: none"> • Name and address of the employer <ul style="list-style-type: none"> • Teaching 	University of Udine, Medical Pole, Degree Course in Motor Sciences Psychobiology and Physiological Psychology applied to Sports Sciences
<ul style="list-style-type: none"> • Type of occupation or position held <ul style="list-style-type: none"> • Number of hours 	Adjunct / contract professor 40
<ul style="list-style-type: none"> • Dates (from - to) 	Academic Year 2012-2013, 2013-2014, 2014-2015, 2015-2016, 2016-2017
<ul style="list-style-type: none"> • Name and address of the employer <ul style="list-style-type: none"> • Teaching 	University of Udine, Medical Pole, Degree Course in Motor Sciences Developmental Psychology applied to Sports Sciences
<ul style="list-style-type: none"> • Type of occupation or position held <ul style="list-style-type: none"> • Number of hours 	Adjunct / contract professor 40
<ul style="list-style-type: none"> • Dates (from - to) 	Academic Year 2011-2012, 2012-2013, 2013-2014
<ul style="list-style-type: none"> • Name and address of the employer <ul style="list-style-type: none"> • Teaching 	University of Udine, Medical Pole, Degree Course in Sports Science Psychobiology and physiological psychology applied to sport
<ul style="list-style-type: none"> • Type of occupation or position held <ul style="list-style-type: none"> • Number of hours 	Contract Professor 24
<ul style="list-style-type: none"> • Dates (from - to) 	Academic Year 2018-2019, 2019-2020, 2020-2021
<ul style="list-style-type: none"> • Name and address of the employer <ul style="list-style-type: none"> • Teaching 	University of Udine, Department of Languages and Literatures, Communication, Education and Society. Intensive Training Course for the acquisition of the qualification of "Professional Socio-Pedagogical Educator". Elements of General Psychology
<ul style="list-style-type: none"> • Type of occupation or position held <ul style="list-style-type: none"> • Number of hours 	Adjunct Professor 24
<ul style="list-style-type: none"> • Dates (from – to) 	Academic Year 2024-2025, 2025-2026
<ul style="list-style-type: none"> • Name and address of the employer <ul style="list-style-type: none"> • Teaching 	University of Udine, Department of Languages and Literatures, Communication, Education and Society. Humanistic Pole, Degree Course in Education Science. Clinical Psychology of the life cycle
<ul style="list-style-type: none"> • Type of occupation or position held <ul style="list-style-type: none"> • Number of hours 	Associate Professor 40
<ul style="list-style-type: none"> • Dates (from – to) 	Academic Year 2024-2025, 2025-2026
<ul style="list-style-type: none"> • Name and address of the employer <ul style="list-style-type: none"> • Teaching 	University of Udine, Department of Languages and Literatures, Communication, Education and Society. Humanistic Pole, Degree Course in Education Science. Clinical Psychology and early childhood
<ul style="list-style-type: none"> • Type of occupation or position held <ul style="list-style-type: none"> • Number of hours 	Associate Professor 40

**TEACHING ACTIVITIES IN
MASTERS, PHD PROGRAMS,
AND SCHOOLS AND COURSES
OF SPECIALIZATION**

<ul style="list-style-type: none"> • Dates (from – to) 	Academic Year 2025-2026
<ul style="list-style-type: none"> • Name and address of the employer 	University of Udine, Humanistic Pole, 1st level University Master in "Meditation and Neuroscience".

<ul style="list-style-type: none"> • Teaching 	Modules of Neuropsychology (Neuropsychology of Meditation) and Clinical Psychology (Meditation, mindfulness and psychopathology)
<ul style="list-style-type: none"> • Number of hours 	33
<ul style="list-style-type: none"> • Dates (from – to) 	Academic Year 2025-2026
<ul style="list-style-type: none"> • Name and address of the employer 	Università di Padova, Master “Death studies & the end of life for the intervention of support and the accompanying. Studi sulla morte e sul morire per l'intervento di sostegno e per l'accompagnamento”
<ul style="list-style-type: none"> • Teaching 	Being present: mindfulness as a practice of awareness
<ul style="list-style-type: none"> • Number of hours 	4 (23 January 2026)
<ul style="list-style-type: none"> • Dates (from – to) 	Academic Year 2024-2025
<ul style="list-style-type: none"> • Name and address of the employer 	University of Pisa, University Master in “Neuroscience, mindfulness and contemplative practices”.
<ul style="list-style-type: none"> • Teaching 	Functional brain exploration and meditation (18 April 2025)
<ul style="list-style-type: none"> • Number of hours 	8
<ul style="list-style-type: none"> • Dates (from – to) 	Academic Year 2024-2025
<ul style="list-style-type: none"> • Name and address of the employer 	University of Udine, Medical Pole, 2nd level University Master in “Salute e Umanizzazione delle cure nell'Organizzazione e Gestione del Servizio Sanitario Nazionale”
<ul style="list-style-type: none"> • Teaching 	Analysis of individual and social behavior in the healthcare context. Introduction to mindfulness.
<ul style="list-style-type: none"> • Number of hours 	4 (5 February 2026)
<ul style="list-style-type: none"> • Dates (from – to) 	Academic Year 2024-2025
<ul style="list-style-type: none"> • Name and address of the employer 	University of Pisa, University Master in “Neuroscience, mindfulness and contemplative practices”.
<ul style="list-style-type: none"> • Teaching 	Functional brain exploration and meditation (6 April 2025)
<ul style="list-style-type: none"> • Number of hours 	8
<ul style="list-style-type: none"> • Dates (from – to) 	Academic Year 2024-2025
<ul style="list-style-type: none"> • Name and address of the employer 	University of Udine, Humanistic Pole, 1st level University Master in "Meditation and Neuroscience".
<ul style="list-style-type: none"> • Teaching 	Modules of Neuropsychology (Neuropsychology of Meditation) and Clinical Psychology (Meditation, mindfulness and psychopathology)
<ul style="list-style-type: none"> • Number of hours 	43
<ul style="list-style-type: none"> • Dates (from – to) 	Academic Year 2023-2024
<ul style="list-style-type: none"> • Name and address of the employer 	University of Udine, Humanistic Pole, 1st level University Master in "Meditation and Neuroscience".
<ul style="list-style-type: none"> • Teaching 	Modules of Neuropsychology (Neuropsychology of Meditation) and Clinical Psychology (Meditation, mindfulness and psychopathology)
<ul style="list-style-type: none"> • Number of hours 	38
<ul style="list-style-type: none"> • Dates (from – to) 	Academic Year 2023-2024
<ul style="list-style-type: none"> • Name and address of the employer 	University of Udine, Medical Pole, 2nd level University Master in “Salute e Umanizzazione nell'Organizzazione e Gestione del Servizio Sanitario Nazionale”
<ul style="list-style-type: none"> • Teaching 	Personalized Medicine: the culture of well-being and health promotion – Seminar on Psychological well-being
<ul style="list-style-type: none"> • Number of hours 	1 (April 5, 2024)
<ul style="list-style-type: none"> • Dates (from – to) 	Academic Year 2023-2024
<ul style="list-style-type: none"> • Name and address of the employer 	University of Pisa, University Master in “Neuroscience, mindfulness and contemplative practices”.
<ul style="list-style-type: none"> • Teaching 	Functional brain exploration and meditation (1 December 2024)
<ul style="list-style-type: none"> • Number of hours 	8
<ul style="list-style-type: none"> • Dates (from – to) 	Academic Year 2022-2023
<ul style="list-style-type: none"> • Name and address of the employer 	University of Pisa, University Master in “Neuroscience, mindfulness and contemplative

	practices".
• Teaching	Functional brain exploration and meditation (8 October 2023)
• Number of hours	8
• Dates (from – to)	Academic Year 2022-2023
• Name and address of the employer	University of Udine, Polytechnic of Engineering and Architecture, University Master EMBA (Master Director, prof. Marco Sartor).
• Teaching	The practice of mindfulness for preventing and managing work-related stress (28/10/2023)
• Number of hours	3
• Dates (from - to)	Academic Year 2022-2023
• Name and address of the employer	University of Udine, Humanistic Pole, 1st level University Master in "Meditation and Neuroscience".
• Teaching	Modules of Neuropsychology (Neuropsychology of Meditation) and Clinical Psychology (Meditation, mindfulness and psychopathology)
• Number of hours	48
• Dates (from - to)	Academic Year 2021-2022
• Name and address of the employer	University of Udine, Humanistic Pole, 1st level University Master in "Meditation and Neuroscience".
• Teaching	Modules of Neuropsychology (Neuropsychology of Meditation) and Clinical Psychology (Meditation, mindfulness and psychopathology)
• Number of hours	39
• Dates (from - to)	Academic Year 2020-2021
• Name and address of the employer	University of Rome "La Sapienza", 2nd level Master in "Learning and cognitive development disorders".
• Teaching	The stimulation of concentration and the promotion of emotional well-being with mindfulness
• Number of hours	4
• Dates (from - to)	Academic Year 2020-2021
• Name and address of the employer	University of Udine, Humanistic Pole, 1st level University Master in "Expert in educational planning in schools and services with high socio-cultural complexity".
• Teaching	Clinical Psychology
• Number of hours	30
• Dates (from - to)	Academic Year 2020-2021, 2021-2022, 2022-2023, 2024-2025, 2025-2026
• Name and address of the employer	University of Udine, Humanistic Pole, 1st level University Master MaPS in "Partnership and Shamanism. Literature, psychology and society/ Poetry and Wisdom: Partnership Studies on the Sacredness of the Natural World in Native Traditions".
• Teaching	Neuropsychology
• Number of hours	5, 3, 5, 6, 6
• Dates (from - to)	Academic Year 2020-2021
• Name and address of the employer	University of Udine, Humanistic Pole, 1st level University Master in "Meditation and Neuroscience".
• Teaching	Modules of Neuropsychology (Neuropsychology of Meditation) and Clinical Psychology (Meditation, mindfulness and psychopathology)
• Number of hours	42
• Dates (from - to)	Academic Year 2019-2020, 2020-2021
• Name and address of the employer	University of Udine, Humanistic Pole, 1st level University Master in " Philosophy of digital".
• Teaching	"Neuroscience and digital" module
• Number of hours	20 e 8
• Dates (from - to)	Academic Year 2019-2020
• Name and address of the employer	University of Udine, Humanistic Pole, 1st level University Master in "Meditation and Neuroscience".

- Teaching Modules of Neuropsychology (Neuropsychology of Meditation) and Clinical Psychology (Meditation, mindfulness and psychopathology)
- Number of hours 51
- Dates (from - to) 31 May - 01 June 2019
- Name and address of the employer 9th Specialization Course in Learning Psychopathology. Organized by: Progetto Uomo Foundation, Free University of the Family. Scientific director of the course, prof. Cesare Cornoldi, University of Padua. Course venue: Rimini.
- Teaching Mindfulness in school distress and in the management of emotions
- Number of hours 10
- Dates (from - to) 25 May 2019 and 9 May 2020
- Name and address of the employer Master in "Sedation and Emergency in Dentistry: Human Centered Project (HCP): The holistic treatment of the dental patient". University of Padua (Director of the Master: Dr. Gastone Zanette).
- Teaching Mindfulness
- Number of hours 4.5 and 4
- Dates (from - to) 23 February 2019, 15 October 2022, 23 September 2023
- Name and address of the employer Quadrennial Training Institute in Systemic, Family and Relational Psychotherapy, NAVEN, Udine.
- Teaching Anxiety disorders in developmental age: from neuropsychology to treatment (2019); The neuroscience of medical-patient relationship (2022); Positive psychology and psychotherapy (2023)
- Number of hours 4, 4, 7
- Dates (from - to) Academic Year 2018-2019
- Name and address of the employer University of Udine, Medical Pole, 1st level University Master in "Meditation and Cognitive Neuroscience".
- Teaching General psychology and clinical psychology module
- Number of hours 42
- Dates (from - to) Academic Year 2017-2018
- Name and address of the employer LUMSA University, Rome, 1st level University Master in "Neuropsychology of the developmental age".
- Teaching Module of Neuropsychology of mindfulness and applications in developmental age
- Number of hours 8
- Dates (from - to) Academic Year 2017-2018
- Name and address of the employer University of Udine, Medical Pole, 1st level University Master in "Meditation and Neuroscience".
- Teaching Meditation and Neuropsychology module
- Number of hours 45
- Dates (from - to) 18-19 May 2018
- Name and address of the employer 8th Specialization Course in Learning Psychopathology. Organized by: Progetto Uomo Foundation, Free University of the Family; with the sponsorship of the University of Udine. Scientific director of the course, prof. Cesare Cornoldi, University of Padua. Course venue: Udine.
- Teaching Mindfulness in scholastic distress
- Number of hours 10
- Dates (from - to) Academic Year 2016-2017
- Name and address of the employer University of Udine, Medical Pole, School of Specialization in Child Neuropsychiatry - University of Verona, Udine branch.
- Teaching Psychology of Personality
- Number of hours 3
- Dates (from - to) Academic Year 2015-2016

• Name and address of the employer	University of Udine, Medical Pole, II level University Master in "Progressive psycho-nutritional rehabilitation of eating disorders"
• Teaching	Mindfulness
• Number of hours	3
• Dates (from - to)	23 - 28 February 2011
• Name and address of the employer	SISSA - PhD program in Cognitive Neuroscience, International School of Advanced Studies - Trieste
• Teaching	Lessons in English on "Functional Neuroimaging" for the PhD course in Cognitive Neuroscience (Topics: Functional Imaging theory; Experimental Designs; Statistical Parametric Mapping (SPM); The General Linear Model; Taxonomy of fMRI experimental designs; Efficiency and optimization of experimental fMRI designs).
• Number of hours	10

INVITED TEACHING ACTIVITIES

1. 16 May 2025
Crescentini, C. Modelli per l'intervento a confronto. Il progetto Agiatamente dell'Università degli Studi di Udine. "La psicologia clinica a servizio di studentesse e studenti universitari opportunità, limiti, prospettive future". Università di Torino. (online presentation).
2. 16 April 2025
Crescentini, C., Vogric, F., Fedeli, D. Agiata-Mente: l'approccio proattivo al benessere di studentesse e studenti. "Conference CRUI-GEO: Benessere delle studentesse e degli studenti all'Università". Università degli Studi dell'Aquila, 15-16 april 2025. (online presentation).
3. 16 November 2024
Crescentini, C. Mindfulness nella terapia dei disturbi del neurosviluppo. Online conference: "Mindfulness & Meditation Summit" organized by Sperling s.r.l. in collaboration with Federmindfulness.
4. 06 September 2024
Crescentini, C. Mindfulness e benessere: applicazioni in età evolutiva e negli adulti. Summer School: "Salute, società e tecnologie digitali", organized by the Doctorate School in Cognitive Science of the University of Messina.
5. 22 June 2024
Crescentini, C. Psicologia Positiva, Mindfulness e benessere. Conference: La mente svelata. Il ruolo della meditazione secondo yoga e scienza. Yoga Day Udine 24. 21 June international Yoga Day. (1 h conference).
6. 21 March 2024
Crescentini, C. Neuropsicologia della spiritualità e della meditazione. Online conference: Mindfulness Summit. Il momento presente. Giunti Psicologia. (1.5 h conference).
7. 30 June 2023
Crescentini, C. Fondamenti neuropsicologici dell'autotrascendenza. 1h Talk for the Conference "Neuroscienze e Spiritualità", organized by the University of Milan, Department of Philosophy.
8. 9 June 2023
Crescentini, C. Neuroscienze, Mindfulness, Spiritualità, 1h Talk for the Conference "L'ALTRA FACCIA DELLA LUNA. COSTRUZIONE DI SENSO E SPIRITUALITA' NELLA CURA MULTIDISCIPLINARE DEI DISTURBI DELL'ALIMENTAZIONE" organized by SISDCA (Italian Society for the study of Eating Disorders) Arcugnano (VI).
9. 2 September 2022
Crescentini, C. Psicologia della Salute e della Sostenibilità. 3h lecture for the Summer School entitled "Progettare e sperimentare nuovi modelli di sviluppo nell'interdipendenza uomo-animale-ambiente. Agroecologia, inclusione sociale, territorio e comunità" a.a. 2021/2022, University of Udine.
10. 28 May 2021
Crescentini, C. Interventi basati sulla Mindfulness nei disturbi del neurosviluppo e nei disturbi neurocognitivi. 6 hours online course organized by Associazione Oasi Maria SS Onlus, Troina (EN).
11. 02-03 October 2020
Crescentini, C. La mindfulness per l'ADHD e i disturbi del neurosviluppo. 14 hour online course organized by Erickson. Trento.
12. 15 November 2019, Rimini, Italy
Crescentini, C. La mindfulness: dalle evidenze scientifiche alle applicazioni nei disturbi del neurosviluppo. 12th Edition, International Conference: The quality of school and social inclusion. Erickson.
13. 10 May 2019, Palermo, Italy
Crescentini, C. Meditazione Orientata alla Mindfulness (MOM) e ADHD: effetti psicologici e neuropsicologici. XII AIDAI-AIRIPA National Congress "ADHD E MINDFULNESS".
14. 05 April 2019, Padova, Italy
Crescentini, C. Seminar entitled "La Meditazione Orientata alla Mindfulness nella ricerca psicologica e in ambito educativo" as part of the conference "Meditazione: la via privilegiata per l'autoconoscenza". Scientific Director prof. P. Tressoldi, University of Padua, Department of General Psychology.

15. 30 October 2018, Brescia, Italy
Crescentini, C. Neuropsicologia dell'esperienza religiosa e spirituale. Evidenze da studi di stimolazione cerebrale non invasiva. IRCCS "Centro San Giovanni di Dio" Fatebenefratelli. Residential Training Event: Neuroscience, Psychiatry and Spirituality.
16. 11 November 2018, Roncade di Treviso, Italy
Crescentini, C. Mindfulness, neuroscienze e meditazione. Second International Conference of Educational Yoga.
17. 11 June 2018, Roma, Italy
Crescentini, C. La meditazione mindfulness nell'età evolutiva. Faculty of Medicine and Psychology, Master's Degree Course in Psychology of typical and atypical development. University of Rome, "La Sapienza".
18. 17 January 2018, Bressanone, Italy
Crescentini, C. Il training mindfulness: risvolti neuropsicologici e psicopatologici. Giornate di Neuropsicologia dell'età evolutiva XIII edition, Faculty of Education, Free University of Bozen-Bolzano, Bressanone.
19. 21 November 2017, Trieste, Italy
Crescentini C. Psychological and neuropsychological foundations of mindfulness meditation and applications to children. From theory to practice. University of Trieste, Department of Life Sciences.
20. 09 November 2017, Pavia, Italy
Crescentini, C. La ricerca scientifica sugli effetti neuropsicologici della Mindfulness. In: La mindfulness per operatori sanitari. Scientific Director: Dr. Elena Vlacos, IRCCS C. Mondino (Pavia).
21. 07 November 2017, Pisa, Italy
Crescentini, C. Fondamenti neuropsicologici della mindfulness ed effetti sulla personalità e sulle rappresentazioni del sé. In: L'epistemologia degli stati non ordinari di coscienza. University of Pisa, Medical School, Pisa, 07-08 November 2017.
22. 28 September 2017, Conegliano (TV), Italy
Crescentini, C. La meditazione mindfulness: cenni teorici e simulazione pratica di una seduta. XXVI National AIRIPA Congress. Learning disorders.
23. 12 June 2017, Gerace (RC), Italy
Crescentini, C. Neuropsychology of Mindfulness. "Empathy and Compassion: From Contemplative Traditions to Neuroscience" Summer School. University of Rome "La Sapienza".
24. 07 December 2016, Leiden, The Netherlands
Crescentini, C. Neuropsychological foundations of mindfulness meditation and effects on personality and self-representation. Department of Psychology, Cognitive Psychology Unit, Leiden University, The Netherlands.
25. 23 October 2015, Borgo Valsugana (TN), Italy
Crescentini, C. Meditazione mindfulness: fondamenti neuropsicologici, effetti sulla personalità e applicazioni in età evolutiva. Convegno: Mindfulness, Educazione e Cura. Higher Education Institute "A. Degasperì", 22-24 October, Borgo Valsugana (TN).
26. 10 October 2015, Pavia, Italy
Crescentini, C. Neuropsicologia della Mindfulness ed effetti sulla personalità. Workshop: Scienza e Meditazione, Department of Nervous System and Behavioral Sciences, Unit of Medical Statistics and Genomics, University of Pavia, 9-10 October, Pavia.
27. 22 January 2015, Bressanone, Italy
Crescentini, C. Meditazione mindfulness: Fondamenti neuropsicologici ed applicazioni nell'età evolutiva. Giornate di Neuropsicologia dell'età evolutiva X edizione, Faculty of Education, Free University of Bozen-Bolzano, Bressanone.
28. 14 November 2014, Roma, Italy
Crescentini, C. Meditazione mindfulness: Fondamenti neuropsicologici ed effetti sulla personalità e sulle rappresentazioni del sé. International symposium: Identità e senso dell'altro, nell'adulto sano e nel paziente con cerebrolesione acquisita. IRCCS Fondazione Santa Lucia, 14-15 November 2014, Roma.
29. 24 October 2014, Osmannoro, Sesto Fiorentino, Firenze, Italy
Crescentini, C. Mindfulness e Ricerca Clinica. Convegno: Piena consapevolezza (mindfulness) e relazioni di cura. Osmannoro, Sesto Fiorentino (FI), Azienda Sanitaria di Firenze.
30. 3 October 2014, Rome, Italy
Crescentini, C. 1) Fondamenti neuropsicologici della meditazione mindfulness; 2) Meditazione mindfulness, personalità e rappresentazioni del sé. Convegno: Meditazione, spiritualità e benessere. Università Pontificia Salesiana, 3-5 October, 2014, Roma.
31. 16 November 2013, Rome, Italy
Crescentini, C. Neuropsicologia del bilinguismo nei bambini. La Maisonnette e i linguaggi che la abitano. Centro di Formazione Polo Didattico, Piazza Oderico da Pordenone 3, Rome, Italy.
32. 15 November 2013, Pomaia, Pisa, Italy
Crescentini, C. The cognitive and affective neuropsychology of religiousness/spirituality: evidence from transcranial magnetic stimulation and mindfulness-meditation studies. Master WISDOM, Scuola Superiore Sant'Anna and Lama Tzong Khapa Institute.
33. 5 October 2013, Vittorio Veneto, Treviso, Italy
Crescentini, C. Contributi della Neuropsicologia allo studio dei fenomeni religiosi. Il Tempo e il Sacro. Due giornate di studio, ascolto ed esperienza. Centro Studi Claviere.
34. 16-18 September 2013, Rome, Italy
Crescentini, C. Frontostriatal circuits and selection of task-relevant information. National Meeting of the Italian

Association of Psychology (AIP).

35. 23 November 2012, Pomaia, Pisa, Italy

Crescentini, C. The spiritual brain: Magnetic stimulation of fronto-parietal areas alters religious-spiritual self-representations in healthy individuals. Master WISDOM, Scuola Superiore Sant'Anna and Lama Tzong Khapa Institute.

36. 6-7 September 2012, Udine, Italy

Crescentini, C. Neuropsicologia dell'educazione plurilingue. International meeting on plurilinguism organized by the "International centre for plurilinguism" University of Udine.

37. 7-9 September 2011, Basel, Switzerland

Crescentini, C. The effect of observed biological and non biological movements on action imitation: an fMRI study. 3rd Scientific Meeting of the Federation of the European Societies of Neuropsychology.

38. 8-9 October 2010, Padova, Italy

Crescentini, C. Episodic memory in Parkinson's disease. III National Congress G.I.R.N. (Interprofessional Rehabilitation Group in Neuropsychology).

SCIENTIFIC AND PROFESSIONAL QUALIFICATIONS

• Date	14 February 2023
• Name and type of training/qualification	National Scientific Qualification (ASN) as Full Professor, Dynamic and Clinical Psychology (11/E4)
• Date	11 January 2019
• Name and type of training/qualification	Qualification for Psychotherapy (4 years training) NAVEN, Institute of Specialization in Family and Relational Systemic Psychotherapy, Udine
• Date	27 November 2017
• Name and type of training/qualification	National Scientific Qualification (ASN) as Associate Professor, General Psychology, Psychobiology and Psychometry (11 / E1)
• Date	21 November 2016
• Name and type of training/qualification	Mindfulness-Based Intervention Instructor, School of Cognitive Psychotherapy, SPC, and Cognitive Psychology Association, APC of Rome.
• Date	February 2014
• Name and type of training/qualification	National Scientific Qualification (ASN) as Associate Professor, General Psychology, Psychobiology and Psychometry (11 / E1)
• Date	November 2006
• Name and type of training/qualification	State examination for the qualification to the profession of Psychologist, University of Trieste

SCIENTIFIC ACTIVITY

PEER-REVIEW SCIENTIFIC PUBLICATIONS AND ARTICLES UNDER REVIEW FOR PUBLICATION

1. Matiz, A., Lazzer, S., Crescentini, C. (under review). The moderating role of sport practice on the relationship between interoception and emotional distress.
2. Sorella, S., Matiz, A., Crescentini, C. (under review). Mind wandering and meta-awareness during focused meditation: Heart and ocular correlates of self-caught and probe-caught episodes in meditators and controls.
3. Sorella, S., Matiz, A., Chittaro, L., Malinowski, P., Crescentini, C. (under review). Cardiac and ocular correlates of mind wandering in meditators and non-meditators during a sustained attention to response task.
4. D'Antoni, F., Matiz, A., Zanchetta, C., Dotto, V., Crescentini, C. (under review). Mindfulness and Autonomic Regulation as Pathways to Professional Resilience: A Controlled Study of the MOPR Program in Social Workers.
5. Health Mode On investigators (under review). Health Mode On & Health Mode On Plus: a multisite protocol to assess and promote mental well-being and healthy lifestyles among Italian university students (This study was supported by funding of Ministry of University and Research (D.D. n. 1159, 23/07/2023- bando PROBEN, project PROBEN_0000009).

6. Health Mode On investigators (in press). Rapid e-Delphi design of a survey on student lifestyles, psychological, and contextual factors, integrating the World Mental Health International College Student assessment in the Italian Higher Education Setting (This study was supported by funding of Ministry of University and Research (D.D. n. 1159, 23/07/2023- bando PROBEN, project PROBEN_0000009). *Journal of Methods in Psychiatric Research*, DOI: 10.1002/mpr.70075.
7. D'Antoni, F., Matiz, A., Crescentini, C. (in press). Promuovere la resilienza negli operatori sanitari: il programma Mindfulness Oriented Professional Resilience (MOPR). *Psicologia della Salute*.
8. Matiz., Crescentini, C..... The role of personality in languages' learning. (in press). *Psychology of Language and Communication*.
9. D'Antoni, F., Mattiussi, F., & Crescentini, C. (2026). Mindfulness-Based Interventions for Bereavement: A Systematized Narrative Review. *Healthcare*, 14(5), 673.
10. Galluzzi, S., Solorzano, C.S., Marizzoni, M., Gatti, E., Gualco, C., Lanfredi, M., Rossi, R., Cattaneo, A., Frisoni, G.B., Crescentini, C. Di Maria, E., Pievani, M. (2026). The effects of mindfulness-based interventions on physiological markers of stress in older adults: a systematic review and synthesis. *Mindfulness*, 17:1-25.
11. Chang, M., Sorella, S., Crescentini, C. Grecucci, A. (2025). Gray and White Matter Networks Predict Mindfulness and Mind Wandering Traits: A Data Fusion Machine Learning Approach. *Brain Sciences*, 15(9), 953.
12. Scafuto, F., Conversano, C., Presaghi, F., Santoni, G., Vaglini, I. Girardi, F. Matiz, A., Crescentini, C. (2025). MINDhEARTH: A school-based intervention to improve personal wellbeing, mindfulness and connectedness to nature in adolescents. *Frontiers in Psychology*, 16, 1628048.
13. Scafuto, F., Crescentini, C., Conversano, C., Matiz, A., De Vincenzo, F., Ghiroldi, S., Montecucco, F.N., Presaghi, F., Quinto, R.M. (2025). Enhancing universal values through mindfulness and psychological well-being: a randomized-controlled trial with adolescents. *Child & Youth Care Forum*, 54, 6, 1459-1481.
14. Matiz, A., Chiesa, A., D'Antoni, F., Barbieri, R., Crescentini, C. (2025). Training for Mindfulness Teachers: Benefits for Mindfulness, Well-being, and Emotion Regulation. *Mindfulness*, 16, 465-476.
15. D'Antoni, F., Matiz, A., Crescentini, C. (2025). The Arousal Modulation Model Questionnaire (AMMQ): Development, validation, and transdiagnostic applications. *European Journal of Trauma & Dissociation*, 9, 100564.
16. Levantini, V., Matiz, A., Ciacchini, R., Crescentini, C., Orrù, G., Conversano, C., Muratori, P. (2025). Parents' dispositional mindfulness and child behavior: The mediating role of the child dispositional mindfulness. *Personality and Individual Differences*, 237, 113055.
17. D'Antoni, F., Matiz, A., Crescentini, C. (2025). Mindfulness-Oriented Professional Resilience (MOPR) training to reduce compassion fatigue in healthcare workers: A pilot study. *Healthcare*, 13(2), 92.
18. Sorella, S., Crescentini, C., Matiz, A., Chang, M., Grecucci, A. (2025). Resting-State BOLD Temporal Variability of the Default Mode Network Predicts Spontaneous Mind Wandering, which is Negatively Associated with Mindfulness Skills. *Frontiers in Human Neuroscience*, 19, 1515902.
19. Matiz A, Fabbro F, Pascut S, Crescentini C. (2025). Temperament and character moderate the effects of mindfulness training on psychological and professional well-being of school-teachers. *Mindfulness*, 16, 1376-1395.
20. Chiesa, A., Crescentini, C., D'Antoni, F., Matiz, A. (2025). Mindfulness Teacher Training Enhances Interoceptive Awareness and Reduces Emotional Distress: A Controlled Study. *Frontiers in Psychology*, 16, 1488204.
21. Lazzarelli, A., Scafuto, F., Crescentini, C., Matiz, A., Orrù, G., Ciacchini, R., Alfi, G., Gemignani, A., Conversano, C. (2024). Interoceptive Ability and Emotion Regulation in Mind-Body Interventions: An Integrative Review. *Behavioral Sciences*, 14, 1107.
22. Ciacchini, R., Conversano, C., Orrù, G., Scafuto, F., Sabbatini, S., Paroli, M., Miniati, M., Matiz, A., Gemignani, A., Crescentini, C. (2024). About Distress in Chronic Pain Conditions: A Pre-Post Study on the Effectiveness of a Mindfulness-Based Intervention for Fibromyalgia and Low Back Pain Patients. *International Journal of Environmental Research and Public Health*, 21, 1507.
23. Matiz, A., D'Antoni, F., Pascut, S., Ciacchini, R., Conversano, C., Gemignani, A., Crescentini, C. (2024). Loneliness and generalized problematic Internet use in adolescents: The mediating role of dissociation. *Children*, 11, 1294.
24. Matiz, A., Fabbro, F., Crescentini, C. (2024). Mindfulness through storytelling for mental health of primary school children: impact on acceptability and its associations with personality. *Psychology Research and Behavior Management*, 17:1757-1774.
25. D'Agostini, M., Moltrasio, C., Feruglio, S., Crescentini, C., Paolone, A.R., Fabbro, F., Brambilla, P. (2024). Movies as Innovative Tools for Teaching psychiatry: a New Model for Cinemedicine. *Minerva Psychiatry*, 65, 140-147.
26. Matiz, A., Scaggiante, B., Conversano, C., Gemignani, A., Pascoletti, G., Fabbro, F., Crescentini, C. (2024). The effect of mindfulness-based interventions on biomarkers in cancer patients and survivors: a systematic review. *Stress and Health*. 2024;e3375; doi.org/10.1002/smi.3375.

27. Baggio, M., Danieli, A., Crescentini, C., Duma, G.M., Da Rold, M., Baldini, S., Pascoli, E., Antoniazzi, L., Vestri, A., Fabbro, F., Bonanni, P. (2023). Neuropsychological Functioning in Bilateral versus Unilateral Temporal Lobe Epilepsy. *Brain Sciences*;13(11):1526.
28. Feruglio, S., Panasiti, M.S., Crescentini, C., Aglioti, S.M., Ponsi, G. (2023). Training the moral self: an eight-week mindfulness meditation program leads to reduced dishonest behavior and increased regulation of interoceptive awareness. *Mindfulness*, 14, 2757-2779.
29. Scafuto, F., Ciacchini, R., Orrù, G., Crescentini, C., Conversano, C., Mastorci, F., Porricelli, M., Gemignani, A. (2023). COVID-19 pandemic and internet addiction in young adults: a pilot study on positive and negative psychosocial correlates. *Clinical Neuropsychiatry*, 20(4), 240-251.
30. Fabbro, F., Fabbro, A., Crescentini, C. (2022). The nature and function of languages. *Languages*, 7(4), 303.
31. Feruglio, S., Panasiti, M.S., Crescentini, C., Aglioti, S.M., Ponsi, G. (2022). The impact of mindfulness meditation on social and moral behavior: does mindfulness enhance other-oriented motivation or decrease monetary reward salience? *Frontiers in Integrative Neuroscience*, 16:963422.
32. Pascut S, Feruglio S, Crescentini C, Matiz A. (2022). Predictive Factors of Anxiety, Depression, and Health-Related Quality of Life in Community-Dwelling and Institutionalized Elderly during the COVID-19 Pandemic. *International Journal of Environmental Research and Public Health*, 19(17):10913.
33. D'Antoni, F., Matiz, A., Fabbro, F., Crescentini, C. (2022). Psychotherapeutic Techniques for Distressing Memories: A Comparative Study between EMDR, Brainspotting, and Body Scan Meditation. *International Journal of Environmental Research and Public Health*, 19(3), 1142.
34. Matiz, A., Fabbro, F., Paschetto, A., Urgessi, C., Ciucci, E., Baroncelli, A., Crescentini, C. (2022). The Impact of the COVID-19 Pandemic on Affect, Fear, and Personality of Primary School Children Measured During the Second Wave of Infections in 2020. *Frontiers in Psychiatry*, 12, 803270.
35. Feruglio, S., Pascut, S., Matiz, A., Pachetto, A., Crescentini, C. (2022). Effects of mind-body interventions on adolescents' cooperativeness and emotional symptoms. *Behavioral Sciences (Basel)*, 12, 33.
36. D'Antoni, F., Feruglio, S., Matiz, A., Cantone, D., Crescentini, C. (2022). Mindfulness meditation leads to increased dispositional mindfulness and interoceptive awareness linked to a reduced dissociative tendency. *Journal of Trauma & Dissociation*, 23, 8-23.
37. Feruglio, S., Matiz, A., Cogo, P., Vidal, Paschetto, A., Fabbro, F., Crescentini, C. Isolated and blocked adolescents: a study on the psychological effects of the COVID-19 outbreak. *Minerva Psychiatry*, 63(3):208-18.
38. Zaccari, V., Santonastaso, O., Mandolesi, L., De Crescenzo F., Foti, F., Crescentini, C., Fabbro, F., Vicari, S., Curcio, G., Menghini, D. (2022). Clinical application of mindfulness-oriented meditation in children with ADHD: effects on sleep and behavioral problems. *Psychology & Health*, 37, 563-579.
39. Feruglio, S., Matiz, A., Pagnoni, G., Fabbro, F., Crescentini, C. (2021). The Impact of Mindfulness Meditation on the Wandering Mind: a Systematic Review. *Neuroscience and Biobehavioral Reviews*, 131, 313-330.
40. Matiz, A., Crescentini, C., Bergamasco, M., Budai, R., Fabbro, F. (2021). Inter-brain co-activations during mindfulness meditation. Implications for devotional and clinical settings. *Consciousness and Cognition*, 95:103210.
41. Cantone, D., Feruglio, S., Crescentini, C., Cinot, S., Matiz, A. (2021). A Multilevel Approach to Explore the Wandering Mind and its Connections with Mindfulness and Personality. *Behavioral Sciences (Basel)*, 11(9):125.
42. Campanella, F., Arcara, G., Crescentini, C., Fabbro, F., Skrap, M. (2021). Cognitive reserve protects language functions in patients with brain tumors. *Neuropsychologia*, 154, 107769.
43. Feruglio, S., Matiz, A., Grecucci, A., Pascut, S., Fabbro, F., Crescentini, C. (2021). Differential Effects of Mindfulness Meditation Conditions on Repetitive Negative Thinking and Subjective Time Perspective: a Randomized Active-Controlled Study. *Psychology & Health*, 36, 1275-1298.
44. Crescentini, C., Feruglio, S., Matiz, A., Paschetto, A., Vidal, E., Cogo, P., Fabbro, F. (2020). Stuck outside and inside: an exploratory study on the effects of the COVID-19 outbreak on Italian parents and children's internalizing symptoms. *Frontiers in Psychology. Psychology for Clinical Settings*, 11:586074.
45. Santonastaso, O., Zaccari, V., Crescentini, C., Fabbro, F., Capurso, V., Vicari, S., Menghini, D. (2020). Clinical application of mindfulness-oriented meditation: a preliminary study in children with ADHD. *International Journal of Environmental Research and Public Health*, 17, 6916.
46. Matiz, A., Fabbro, F., Paschetto, A., Cantone, D., Paolone, A., Crescentini, C. (2020). Positive impact of mindfulness meditation on mental health of female teachers during the Covid-19 outbreak in Italy. *International Journal of Environmental Research and Public Health*, 17, 6450.
47. Matiz, A., Guzzon, D., Crescentini, C., Paschetto, A., Fabbro, F. (2020). The role of self body brushing vs mindfulness meditation on interoceptive awareness: a non-randomized pilot study on healthy participants with possible implications for body image disturbances. *European Journal of Integrative Medicine*, 37, 101168.
48. Fabbro, A., Fabbro, F., Capurso, V., D'Antoni, F., Crescentini, C. (2020). Effects of mindfulness training on school teachers' self-reported personality traits as well as stress and burnout levels. *Perceptual and Motor Skills*, 127, 515-532.

49. Grecucci A., Messina I., Amodeo L., Lapomarda G., Crescentini C., Dadomo H., Panzeri M., Theuninck A., Frederickson J.J. (2020). A dual route model for regulating emotions: Comparing models, techniques and biological mechanisms. *Frontiers in Psychology*, doi: 10.3389/fpsyg.2020.00930.
50. Pappaianni, E., De Pisapia, N., Siugzdaite, R., Crescentini, C., Calcagni, A., Job, R., Grecucci, A. (2020). Less is more: Morphometric and psychological differences between low and high reappraisers. *Cognitive Affective & Behavioral Neuroscience*, 20, 128-140.
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153. Fabbro, F., & Crescentini, C. (2014). La meditazione tra neuroscienze e spiritualità. In: *Neuroscienze e Spiritualità. Mente e coscienza nelle tradizioni religiose*. (Ed.) Fabbro, F. Roma: Astrolabio. ISBN 9788834016756. (pp. 146-166).
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MAIN CONTRIBUTIONS TO NATIONAL AND INTERNATIONAL CONFERENCES (POSTERS AND ORAL INTERVENTIONS)

1. 8-11 april, 2026
Sorella, S., Matiz, A., Crescentini, C. (2026). Autonomic signatures of mind wandering during sustained attention and mindfulness meditation in expert meditators and controls [Conference presentation abstract]. 15th Symposium of Bial Foundation, Behind and beyond the brain, Porto, Portugal, April 8–11 (online presentation of the abstract).
2. 1-3 april, 2026
Matiz, A., Scaggiante, B., Bortul, M., Crescentini, C. (2026). Changes in mind-wandering frequency and phenomenology in cancer patients following an 8-week mindfulness intervention. Abstract Book: p. 66. The 1st International Online Conference on Behavioral Sciences (IOCBS2026, 1–3 Apr 2026, online). MDPI.
3. 19 september 2025, Pisa, Italy
Crescentini, C., Fabbro, F., Matiz, A. La Meditazione Orientata alla Mindfulness (MOM) nelle scuole del Friuli Venezia Giulia. Effetti su insegnanti e studenti. XXXIII National Congress AIRIPA on: BES e Disturbi dell'apprendimento. University of Pisa.

4. 19 september 2025, Perugia, Italy
Sorella, S., Matiz, A., Crescentini, C. Mind wandering during sustained attention task induces higher psychophysiological interference in naïve participants when compared to experienced meditators. XXXV Congress of the Italian Psychology Association, section of Clinical and Dynamic Psychology (AIP), University of Perugia.
5. 18 september 2025, Perugia, Italy
Matiz, A., Scaggiante, B., Ferrarin, E., Bortul, M., Crescentini, C. Effects of mindfulness training on emotional distress, hope, and mind-wandering of breast cancer survivors: a randomized controlled trial. XXXV Congress of the Italian Psychology Association, section of Clinical and Dynamic Psychology (AIP), University of Perugia.
6. 8-13 June 2025, Erice, Italy
Porciello, G., Parrotta, E., Panasiti, M., Chelaru, M., Crescentini, C., Matiz, A., Aglioti, S.M., Era, V. Comparing the effects of mindfulness and cognitive training on cardiac and gastric responses to stressful virtual scenarios. Workshop on "The role of the autonomic nervous system in stress response and resilience". Erice 8-13 June 2025.
7. 23 April 2025,
Sorella, S. Matiz, A., Crescentini, C. Redirecting attention after mind wandering in mindfulness meditation. "12th International Conference on Stress, Mindfulness, Meditation and Resilience". Conference Series LLC Ltd– 23-24/aprile/2025. Paris. (online presentation).
8. 11 October 2024, Firenze, Italia
Scafuto, F., Ciachini, R., Crescentini, C., Conversano, C., Matiz, A. MINDhEARTH: Avere a cuore la salute di sé e del pianeta. Third Conference of the "Psicologia Toscana": Psicologia e Pace. School of Psychology, University of Firenze.
9. 11-13 October 2024, Rimini, Italia
D'Antoni, F., Matiz, A., Crescentini, C. Validazione del questionario sul Modello di Modulazione dell'Arousal (AMMQ): implicazioni cliniche e di ricerca per l'EMDR. National Conference EMDR Italia (25 anni di terapia EMDR: innovazione e ricerca). Palacongressi di Rimini.
10. 21 September 2024, Reggio Emilia, Italia
Matiz, A., Vidoni, G., Cimenti, M., Dosa, D., Forgiarini, M.R., Crescentini, C. La meditazione orientata alla mindfulness nella scuola secondaria: uno studio randomizzato controllato su efficacia e accettabilità di un intervento di sei settimane. XXXII National Congress AIRIPA (Italian Association for Research and Intervention in the Psychopathology of Learning) 20-21 September 2024, University of Modena and Reggio Emilia (online participation).
11. 21 June 2024, Padua, Italy
Matiz, A., Scaggiante, B., Conversano, C., Gemignani, A., Crescentini, C. Biological effects of mindfulness-based interventions for cancer populations: a systematic review. International Society for Contemplative Research. 2nd Annual Conference, June 19 – 23, 2024 Padova, Italy.
12. 24 May 2024, Ghent, Belgium
Ponsi, G., Sorella, S., Matiz, A., Crescentini, C., Panasiti, M.S., Aglioti, S.M. Autonomic thermal signatures of (dis)honest response preparation in mindfulness trained practitioners. European society for cognitive and affective neuroscience (escan), 22 – 25 May 2024, 7th bi-annual escan meeting, Ghent, Belgium.
13. 21-23 September 2023, Foggia, Italy
Crescentini, C. Interventi mindfulness per la scuola. XXXI National Congress AIRIPA (Italian Association for Research and Intervention in the Psychopathology of Learning). Department of Economics, University of Foggia (online participation).
14. 15-17 September, Florence, Italia
Crescentini, C. Promoting primary school children's mental health through a 24-session mindfulness-based program: qualitative analysis of children subjective experiences and their association with personality traits. XXXIII National Congress of the Italian Psychology Association, section of Clinical and Dynamic Psychology (AIP), University of Florence.
15. 27 September 2022, Padova, Italy
Crescentini, C. Mindfulness and Mind-wandering: how are they linked? Oral contribution within the symposium entitled "New horizons in mindfulness research" (coordinator: Prof. F. Pagnini). XXX AIP Congress (all sections) - Padova 27-30 September 2022.
16. 5-8 July 2022, Ljubljana, Slovenia.
D'Antoni, F., Pedone, E., Crescentini, C. The Arousal Modulation Model Questionnaire (AMMQ). 17th European Congress of Psychology.
17. 5-8 July 2022, Ljubljana, Slovenia.
Feruglio, S., Matiz, A., Pagnoni, G., Fabbro, F., Crescentini, C. The Impact of Mindfulness Meditation on the Wandering Mind: a Systematic Review" 17th European Congress of Psychology.
18. 11-12 June 2021, University of Pavia (online conference)
Feruglio, S., Matiz, A., Grecucci, A., Pascut, S., Fabbro, F., Crescentini, C. Effetti differenziali di tre pratiche di meditazione mindfulness sui pensieri negativi ripetitivi e sulla percezione soggettiva del tempo: uno studio randomizzato con controllo attivo. Poster presented at the 13° National Days of Positive Psychology - Italian Society of Positive Psychology
19. 11-13 June 2021, (online conference)
D'Antoni, F., Pedone, E., Fabbro, F., Crescentini, C. The comparison of EMDR with other therapeutic techniques in the processing of stressful memories in a non-clinical sample. EMDR Europe Research & Practice Conference. Virtual EMDR Conference.

20. 27 November 2020, (online conference)
Crescentini, C., Menghini, D., Santonastaso, O. La mindfulness per l'ADHD e i disturbi del neurosviluppo. Applicazione clinica della meditazione orientata alla mindfulness. XVII Edition, Giornate di aggiornamento sull'uso degli strumenti in Psicologia clinica dello sviluppo. Il Mulino.
21. 5-8 November 2020, (online conference)
Feruglio, S., Matiz, A., Grecucci, A., Pascut, S., Fabbro, F., & Crescentini, C. Differential effects of mindfulness meditation conditions on repetitive negative thinking and subjective time perspective: a randomized active-controlled study. Contemplative Research Conference of the Mind & Life Institute, Charlottesville, Virginia, USA.
22. 27– 29 September 2019, Milano, Italy
Santonastaso O., Zaccari V., Crescentini C., Fabbro F., Capurso V., Vicari S., Menghini. Clinical application of mindfulness-oriented meditation in children with ADHD: A pilot study. XXI National Congress of the Italian Psychology Association, section of Clinical and Dynamic Psychology. Department of Psychology, University of Milan Bicocca.
23. 18-20 September 2019, Milano, Italy
Vallesi A., Incagli F., Crescentini C., Tarantino V. Effetti della Mindfulness su abilità di controllo cognitivo. XXV National Congress of the Italian Psychology Association, Experimental Section. Vita-Salute University, San Raffaele, Milan.
24. 6 July 2019, Udine (IT)
Crescentini, C. The possible role of mindfulness meditation and mindfulness-based interventions in reducing loneliness and enhancing social-relationship. Congress IFOTES 2019. Uscire dalla solitudine. Costruire Relazioni. Udine, 3-7 July 2019.
25. 27-29 September 2018, Ljubljana, Slovenia
Ferrari, E., Finisguerra, A., Marini, A., Crescentini, C., Urgesi, C. Generalizability of cognitive control for language and action selection in bilinguals: behavioral and brain stimulation evidence. 13th Alps Adria Psychology Conference. Department of Psychology, Faculty of Arts, University of Ljubljana.
26. 21 September 2018, Verona, Italy
Crescentini, C. Effetti della meditazione di consapevolezza (mindfulness) sulle rappresentazioni del sé implicite e esplicite. XIX National Congress SITCC, Casi Clinici. Tra teoria, ricerca e pratica. University Pole Giorgio Zanotto, Verona.
27. 27-30 June 2018, Amsterdam, The Netherlands
Crescentini, C. Effects of Mindfulness Meditation on Explicit and Implicit Components of Personality. Society for Psychotherapy Research, 49th Annual International Meeting.
28. 17 January 2018, Bressanone, Italy
Santonastaso O., Zaccari V., Fabbro F., Crescentini C., Menghini D., Vicari S. L'applicazione della Meditazione Orientata alla Mindfulness (MOM) in bambini con ADHD. Giornate di Neuropsicologia dell'età evolutiva XIII edition, Faculty of Education, Free University of Bozen-Bolzano, Bressanone.
29. 29 September 2017 – 01 October 2017, Torino, Italy
Crescentini C., Fabbro F., Paschetto A., Brambilla P., Garzitto M. Temperament and Character effects on common emotional-behavioral difficulties and psychological well-being in adolescents. XIX National Congress of the Italian Psychology Association, section of clinical and dynamic psychology. University of Turin. Department of Psychology.
30. 03-06 September 2017, Potsdam, Germany
Finisguerra, A., Urgesi, C., Peterlini, S., Crescentini, C., Colzato, L. S. Effects of transcutaneous Vagus Nerve Stimulation (tVNS) on implicit and explicit religiousness and spirituality. 20th Conference of the European Society for Cognitive Psychology (ESCoP).
31. 11-15 May 2016, Roma, Italy
Capurso, V., Fabbro, F., Crescentini, C. The effects of mindfulness-oriented meditation on school teachers' stress, burnout and personality traits. 2nd international conference on mindfulness, Sapienza University of Rome.
32. 21-24 January 2015, Bressanone, Italy
Crescentini, C., Capurso, V., Fabbro, F. Mindfulness-oriented meditation for primary school children: Effects on attention and psychological well-being. Giornate di Neuropsicologia dell'età evolutiva X edition, Faculty of Education, Free University of Bozen-Bolzano, Bressanone.
33. 11-15 April 2014, Bangor, Wales, UK
Crescentini, C., Urgesi, C., Campanella, F., Fabbro, F. Effects of an 8-week meditation program on the implicit and explicit attitudes toward religious/spiritual self-representations. Centre for Mindfulness Research & Practice, University of Bangor. 2014 Conference on Cognitive Neuroscience of Mindfulness.
34. 26-29 March 2014, Porto, Portugal
Crescentini, C., Aglioti, S., Fabbro, F., Urgesi, C. Virtual lesions of the inferior parietal cortex induce fast changes of implicit religiousness/spirituality. 10th Symposium of the Bial Foundation. Behind and Beyond the Brain: Mind-Matter Interactions.
35. 11 October 2013, Pisa, Italy
Crescentini, C. Mindfulness, personalità e rappresentazioni del sé. Centro Espositivo S. Michele degli Scalzi. National conference on "Gestione dello Stress: meditazione, mindfulness, sviluppo dell'intelligenza emotiva nel sistema sanitario e universitario italiano. Esperienze e testimonianze".
36. 15-21 June 2013, Garrison, New York, USA
Crescentini, C., Urgesi, C., Campanella, F., Fabbro, F. Effects of an 8-week meditation program on the implicit and explicit self-referential spiritual representations. Mind & Life Summer Research Institute.

37. 19-21 March 2013, Leipzig, Germany
Crescentini, C., Aglioti, S.M., Fabbro, F., Urgesi, C. Virtual lesions of the inferior parietal and prefrontal cortex alter implicit religiousness and spirituality in healthy individuals. 5th International Conference on Non-invasive Brain Stimulation.
38. 9-10 November 2012, Rome, Italy
Crescentini, C., Aglioti, S., Fabbro, F., & Urgesi, C. Magnetic stimulation of fronto-parietal areas alters religious-spiritual self-representations in healthy individuals. Meeting of the Italian Society of Neuropsychology (SINP).
39. 20-23 September 2012, Chieti, Italy
Crescentini, C., & Urgesi, C. Mental transformation of objects and bodies. Different developmental trajectories in children from 7 to 11 years old. National Meeting of the Italian Association of Psychology (AIP).
40. 31 March – 3 April 2012, Chicago, IL, USA
Civai, C., Crescentini, C., Rustichini, A., & Rumiati, R. Inequity aversion as an abstract rule in the Ultimatum Game: an fMRI study. Poster presented at the Cognitive Neuroscience Society (CNS), 2012, Meeting.
41. 20-21 April 2012, New York, USA
Civai, C., Crescentini, C., Rustichini, A., & Rumiati, R. Equality VS self-interest in the brain: differential roles of anterior insula and medial prefrontal cortex. Poster presented at the 5th Annual Meeting of the Social & Affective Neuroscience Society.
42. 14 November 2011, Brescia, Italy
Mengotti, P., Crescentini, C., Grecucci, A., & Rumiati, R. Effetti del modello sull'imitazione studiati con la risonanza magnetica funzionale. XIX Meeting of the Italian Society of Psychophysiology.
43. 18-19 November 2011, Bologna, Italy
Civai C, Crescentini C, Rustichini A, & Rumiati R. Equity as a moral norm in the Ultimatum Game: an fMRI study. Autumn Meeting of the Italian Society for Neuropsychology (SINP).
44. 31 July – 5 August 2011, University of York, York, UK
Del Missier, F., Crescentini, C, Marin, D., Biasutti, E., & Shallice, T. Interference from retrieval cues in Parkinson's disease. The 5th International Conference on Memory.
45. 27-28 May 2011, Bologna, Italy
Crescentini, C, Mengotti, P., Grecucci, A., & Rumiati, R.I. The effect of observed human and non human movements on action imitation. Spring Meeting of the Italian Society for Neuropsychology (SINP).
46. 23-28 January 2011, Bressanone, Italy
Crescentini, C., Seyed-allaei, S., & Shallice, T. Planning and spatial working memory rely on common neural networks but at very different stages of the task. XXVIII European Workshop on Cognitive Neuropsychology.
47. 28-29 October 2010, Trieste, Italy
Crescentini, C., Shallice, T., Del Missier, F., & Macaluso, E. Neural correlates of episodic retrieval: an fMRI study of the Part-list cueing effect. XVIII Trieste Symposium on Perception and Cognition.
48. 24 September 2010, Udine, Italy
Crescentini, C. Planning and Spatial working memory: an fMRI study. IV European Conference of Medical Physics on Advances in High Field Magnetic Resonance Imaging, Udine, Italy. Study also presented at the Inaugural Scientific Meeting for the Friuli Magnetic Resonance Research Scanner (SISSA, Trieste, Italy, July 10, 2010).
49. 6–10 June 2010, Barcelona, Spain
Crescentini, C., Seyed-Allaei, S., De Pisapia, N., Jovicich, J., Amati, D., & Shallice, T. fMRI Investigations of Rule Acquisition in Inductive Reasoning. 16th Annual Meeting of the Organization for Human Brain Mapping (OHBM).
50. 22– 26 March 2010, Toronto, Canada
Vallesi, A., McIntosh, A. R., Crescentini, C., & Stuss, D. T. Prefrontal involvement in switching between speed and accuracy: An fMRI study. The 20th Annual Rotman Research Institute Conference. The frontal lobes.
51. 24-29 January 2010, Bressanone, Italy
Crescentini, C., Mondolo, F., Biasutti, E., & Shallice, T. Deficits in shifting attention underlie switching problems in Parkinson's disease. XXVII European Workshop on Cognitive Neuropsychology.
52. 24-29 January 2010, Bressanone, Italy
Vallesi, A., Crescentini, C., & Stuss, D. Subtle response suppression decline during nogo conditions in normal aging: a Lateralized Readiness Potential study. XXVII European Workshop on Cognitive Neuropsychology.
53. 2-5 September 2008, Edinburgh, UK/Scotland
Crescentini, C., Macaluso, E., & Shallice, T. Item retrieval and competition in Noun and Verb generation: an fMRI study. First Meeting of the Federation of the European Societies of Neuropsychology (ESN).
54. 29 August – 2 September 2007, Marseille, France
Crescentini, C., Del Missier, F., & Shallice, T. Executive Control of Retrieval in Noun and Verb production. ESCOP XV.
55. 22-26 January 2007, Bressanone, Italy
Crescentini, C., Mondolo, F., Biasutti, E., & Shallice, T. Supervisory and routine processes in noun and verb generation in nondemented patients with Parkinson's Disease. XXIV European Workshop on Cognitive Neuropsychology.
56. 18-20 October 2006, Toulouse, France
Crescentini, C., Lunardelli, A., & Shallice, T. Left basal ganglia case of dynamic aphasia or impairment of extra-language cognitive processes? Second Meeting of the European Societies of Neuropsychology.
57. 5-8 April 2006, Trieste, Italy

- Crescentini, C., Shallice, T., & Cooper, R. A macroplanning model to simulate dynamic aphasia. Seventh International Conference on Cognitive Modelling.
58. 23-25 October 2005, Amsterdam, The Netherlands
Stocco, A. & Crescentini, C. Syntactic comprehension in agrammatism: a computational model. The 2005 Meeting of the Academy of Aphasia.
59. July 2005, Stresa, (VB), Italy
Crescentini, C., & Stocco, A. Agrammatism as a failure in the lexical activation process. The 27th Annual Conference of the Cognitive Science Society.
60. June 2005, Trieste, Italy
Crescentini, C., & Stocco, A. Executive control in sentence comprehension: an ACT-R model of agrammatic aphasia. Twelfth ACT-R Workshop.

EXPERIENCES AS REVIEWER / EDITOR OF INTERNATIONAL SCIENTIFIC JOURNALS

Referee activities: reviewer for the 16th and the 17th Annual Meeting of the Organization for Human Brain Mapping (OHBM); Artificial Intelligence in Medicine; Cortex; NeuroImage; Neurocase; Cerebral Cortex; Psychophysiology; Neuropsychologia; Neurological Research; Journal of Neuropsychology; PlosOne; Mindfulness; Journal of Psychology and Clinical Psychiatry; Neuroscience & Biobehavioral Reviews; Brain and Behavior; Cognitive and Behavioral Neurology; Frontiers in Psychology (Cognition); Personality and Individual Differences; Psychology of Religion and Spirituality; Journal of Community Medicine & Public Health Care; The International Journal for the Psychology of Religion; Psychiatry Investigation; Giornale Italiano di Psicologia (GIP); Australian Journal of Psychology; Scientific Reports; Journal for the Scientific Study of Religion; Journal of Psychology & Psychotherapy; Journal of Cognitive Psychology; Psicologia della Salute; Journal of Cognitive Enhancement; Cognitive, Affective, and Behavioral Neuroscience; Higher Education Pedagogies; European Journal of Physiotherapy; American Psychologist; Complementary Therapies in Clinical Practice; Applied Psychology Health and Well-Being; Current Psychology; Reviewer for the Swiss National Science Foundation; Current Directions in Psychological Science; DIS (Dislessia, Discalculia, Disturbi di Attenzione, Erickson); Complementary Therapies in Medicine; Clinical Psychology Review; Journal of Affective Disorder; Journal of Clinical Psychology; Rivista Internazionale di Filosofia e Psicologia, Nature Human Behavior, Frontiers in Psychology Section Psychopathology.

Editor activity: - *Editorial Advisory Board* for: *Journal of Cognitive Enhancement*. Springer.

-Guest editor for the Special Topic: "Enhancing Brain and Cognition through meditation" published on: *Journal of Cognitive Enhancement*, 2, 2017.

-Review Editor for: *Frontiers in Psychology*, Section Cognition

-Review Editor for: *Frontiers in Psychology*, Section Theoretical and Philosophical Psychology

-Review Editor per: *Frontiers in Psychology*, Section Mindfulness

- Member of the editorial committee and Director of the series: *Annali di Meditazione e Neuroscienze*. Milano: Mimesis.

-Guest editor for the Special Issue: "Mindfulness-Based Practice for Stress Management and Enhancing Well-Being" 2021/2022 published on: Behavioral Sciences (Open Access Journal by MDPI).

-Associate editor (section: Mental Health, Neurodevelopmental and Personality Disorders) for: *Minerva Psichiatrica* (<https://www.minervamedica.it/it/riviste/minerva-psichiatrica/>), until end of 2023.

-Associate editor in Consciousness Research (section of Frontiers in Psychology) (<https://www.frontiersin.org/journals/psychology/sections/consciousness-research>).

PARTICIPATION IN FUNDED RESEARCH PROJECTS

- Participant in the PRID 2017 funded research program "COLLECTION - domain specificity of Cognitive cOntrol for LanguagE and aCTion selectiON: behavioral and brain stimulation studies", University of Udine (Responsible: Prof. Cosimo Urgesi).

- Participation, as a research fellow, in the research project funded by the Bial Foundation (Number: 66/10): "The Spiritual Brain: Neuropsychological and neurophysiologic investigations of Self-transcendence and Spirituality" (Responsible: Prof. Salvatore Maria Aglioti, University of Rome "La Sapienza" and Prof. Franco Fabbro, University of Udine). From 01-04-2011 to 28-02-2013.

- Participant in the 2009 PRIN funded research program "Anticipation of action in elite brains. Neurophysiological and functional neuroanatomy studies in expert musicians and elite athletes" (Protocol: 2009A8FR3Z_001); University of Rome "La Sapienza", PI Prof. Aglioti Salvatore Maria. From 17-10-2011 to 17-10-2013.

- Scientific collaborator. Associazione "La Nostra Famiglia", IRCCS E. Medea, Polo Friuli Venezia Giulia. Collaborator on the research project: "Neurofunctional alterations of Body Representation in Anorexia Nervosa: Neuropsychological measures and Neurophysiologic Treatments". Responsible: Prof. Cosimo Urgesi. From 15-02-2012 to 13-12-2013.

- Participant in the research program funded by the Bial Foundation (num. 276/18) "Embodied morality: autonomic signatures of spontaneous deception in mindfulness trained practitioners". From 01-01-2019 to 31-12-2020.

- From 2019 participant in the research and training program and Scientific Responsible (from 01/03/2022) of the project: "Mindfulness Oriented Meditation (MOM) in educational settings" funded by the "Direzione Centrale" for Health, Social Policies and Disability, Health Promotion Service, of the Autonomous Region of FVG (2020 funding: 38,000 euros; 2021 funding: 100,000 euros) and by the regional healthcare companies (ASFO, ASUGI, ASUFC, 2023/2024 funding: 22,000 euros; 2024/2025 funding: 25,000 euro; 2025/2026 funding: 10,500 euro).
- PI of the funded project by the Bial Foundation (num. 244/22): "Autonomic signatures of mind wandering and its consequences on attention and positive emotions in individuals with different levels of expertise in mindfulness meditation" (from 15/09/2023 to 14/09/2026) (funding: 58,000 euros).
- PI of the funded project PRIN 2022 (RESEARCH PROJECTS OF RELEVANT NATIONAL INTEREST – Bando 2022 Prot. 2022NNK5RZ): "Psychological, cognitive, and biological impact of mindfulness meditation interventions for cancer survivors: the MeetOurMind tertiary prevention study". From 04/02/2025 to 03/02/2027 (MUR contribution for research: 135.537 euro).
- Participant in the research program PRO-BEN funded by MUR "HEALTH ON CAMPUS: RICERCA E MODELLI MULTIDISCIPLINARI INTEGRATI DI PROMOZIONE DEL BENESSERE PSICOFISICO NELLA POPOLAZIONE UNIVERSITARIA". From 15/10/2024 to 15/10/2025. Leading Unit of the project: University of Pavia. Funding for Uniud 230.000 euro (Head of the unit at the University of Udine: Prof. S. Brusaferrò).
- Participant in the research program PRO-BEN 2 funded by MUR "HEALTH ON CAMPUS PLUS: RICERCA E MODELLI MULTIDISCIPLINARI INTEGRATI DI PROMOZIONE DEL BENESSERE PSICOFISICO NELLA POPOLAZIONE UNIVERSITARIA (HEALTH MODE ONE+)". From 14/10/2025 to 14/10/2026. Leading Unit of the project: University of Pavia. Funding for Uniud 144.800 euro (Head of the unit at the University of Udine: Prof. S. Brusaferrò).

CURRENT AFFILIATIONS TO SCIENTIFIC SOCIETIES

Italian Association of Psychology (AIP) (Clinical and Dynamic Psychology section).
Society for Psychotherapy Research (SPR)-Italy Area Group

MAIN NON-UNIVERSITY TRAINING AND HEALTH PROMOTION ACTIVITIES AIMED AT GENERAL CITIZENSHIP AND HEALTH PROFESSIONALS

Training activities aimed mainly at health professionals (psychologists / psychotherapists, doctors, professional educators, nurses, social workers, teachers; many ECM accredited courses):

- 2018/2019: Introductory course to Mindfulness Oriented Meditation (MOM). IRCCRO I.R.C.C.S. Centro di Riferimento Oncologico - Istituto Nazionale Tumori (3 days).
- 2018/2019: Mindfulness in academic distress and emotional regulation (4 courses of 10 hours each held in Conegliano and Rimini for "Progetto Uomo Onlus Foundation, Free University of the Family").
- 2017: Mental well-being through the practice of mindfulness meditation, Azienda per l'Assistenza Sanitaria n.5 "Friuli occidentale" S. S. FORMAZIONE, Dipartimento di Prevenzione, Pordenone (3 days).
- 2017: Mindfulness: a path to awareness. Istituto Comprensivo Udine VI e ISIS "E. Mattei" – Latisana (3 8-week courses for students and teachers).
- 2017/2019/2020: Knowing and practicing mindfulness to improve the doctor-patient relationship and promote humanization in the hospital setting. Azienda per l'Assistenza Sanitaria n.3 "Alto Friuli, Collinare, Medio Friuli" sede ospedaliera di San Daniele – Servizio Alcologia, sede ospedaliera di Gemona, sede ospedaliera di Tolmezzo (3 8-week courses).
- 2016, 2017, 2018, 2019, 2020, 2022, 2023, 2024: Know and practice mindfulness meditation, ENAIP Friuli Venezia Giulia, sedi di Cordenons e Pasian di Prato (> 10 8-week courses).
- 2016, 2017: Introduction to the practice of mindfulness for psychoeducational intervention (Neuroscience and meditation in the information society), GIUNTI OS, (2 editions: 2016 Milano, 2017 Bologna) (6 total days).
- 2016, 2017, 2018, 2019, 2021, 2022, 2023, 2024: Knowing and practicing mindfulness to improve the doctor-patient relationship and promote humanization in the hospital setting, Azienda Sanitaria Universitaria Integrata di Udine, Formazione e valorizzazione del personale, Ospedale S.M. della Misericordia, Udine e Ospedali di Latisana e San Daniele e Pordenone.
- 2016/2017: Know and practice mindfulness meditation, Federsanità, Tavagnacco, Udine (1 8-week course).
- 2021, 2022, 2023, 2024, 2025: Knowing and practicing mindfulness meditation. Six 8-week courses for UniUd students (online and in presence courses).
- 2021 and 2022: Knowing and practicing mindfulness to improve the doctor-patient relationship and promote humanization in the hospital setting. Two 8-week courses for healthcare personnel from the "Azienda Sanitaria Universitaria Giuliano Isontina (ASUGI)" (Course location: Monfalcone e Gorizia).
- 2022 Knowing and practicing mindfulness to improve the doctor-patient relationship and promote humanization in the hospital setting. A 8-week courses for healthcare personnel from the IRCCS materno infantile Burlo Garofolo di Trieste.
- 2025: Knowing and practicing mindfulness meditation. 8-week course for UniUd technical-administrative staff (in presence course).
- February 2025: Participation in the VQR-TM-2020-2024 with the submission of a Case Study (selected from the 7

submitted by UniUd) entitled: MOM - Mindfulness-Oriented Meditation in the Educational Field (<https://dill.uniud.it/it/territorio-e-societa/la-meditazione-orientata-alla-mindfulness-mom-in-ambito-educativo>; <https://www.regione.fvg.it/rafvg/cms/RAFVG/salute-sociale/promozione-salute-prevenzione/FOGLIA11/FOGLIA4/>).

- Public Speaking activities at various conferences and festivals open to the public, as well as television appearances by invitation for the RAI3 Nazionale Elisir programme, with interventions (2022, 2024, 2025 - two episodes -) on various topics of psychological interest (meditation and health, order and disorder, hypochondria, self-irony and humour).
- As part of the PROBEN project, the "Bene in Mente" platform (<https://beneinmente.it/>) was developed, a project aimed at promoting mental health in universities and with potential implications and extensions to the local community and citizens. "Bene in Mente" recently received a nomination for a European Joint Action (Mentor - Mental Health and Wellbeing -), which includes a Task dedicated to sharing and scaling up best digital practices for mental health in the countries participating in the initiative.
- Lecturer at the Advanced Training Laboratory School in Resilience for Sustainable Development, Intensive Advanced Training Course for Resilience Officers in the Regional Emergency Committee: A Systemic Approach to Territorial Resilience. University of Udine, RESILHub, 1st edition, March-April 2026.

KNOWN LANGUAGES

ITALIAN (native language)

ENGLISH (excellent reading, writing and speaking skills).

TECHNICAL SKILLS AND COMPETENCES

- Software used: SPM5, SPM8, Cogent2000, Marsbar, E-prime, Presentation, SPSS, Statistica, Eye-Traker Tobii, Cool-Edit, Audacity, Neuronavigation, Adobe Photoshop, Microsoft Office, Biograph Infinity.
- Software used for cognitive models: Cogent, principles of ACT-R.
- Programming languages: Principles of Matlab, principles of Lisp.

NEUROSCIENTIFIC TECHNIQUES AND METHODS

Functional magnetic resonance imaging (fMRI); Cognitive and clinical neuropsychology; Cognitive models; Transcranial Magnetic Stimulation (TMS); Behavioral methods; Psychophysiology.

Udine 23/04/2026

Cristiano Crescentini

