



Prof. Dr. Cristiano Crescentini is Associate Professor of Clinical Psychology at the University of Udine (Italy), where he teaches Clinical Psychology and Doctor-Patient Communication. He is a psychologist and psychotherapist and holds a PhD in Neuroscience from the International School for Advanced Studies (SISSA, Trieste). Dr. Crescentini is a certified instructor of Mindfulness-Based Interventions and Director of the Master in Meditation and Neuroscience (University of Udine). At the University of Udine, he is the scientific referent of the psychological counseling service aimed at the university's students. Dr. Crescentini has been invited speaker and presented his work at more than 50 conferences of national and international interest. He is the author of more than 120 publications including book chapters and books (e.g., "Gli interventi basati sulla mindfulness. Quali sono, come agiscono, quando utilizzarli, Roma: Giovanni Fioriti Editore, 2023), and scientific articles in international journals. Dr. Crescentini currently appears in thirteenth position for the number of citations in the category "Mind-Wandering" and within the top 200 researchers for the category "Mindfulness" (Source: Google Scholar, June 2024).

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